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# The Wayne Herald

Thursday, March 6, 2014 138th Year - No. 23

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## Council approves LB840 funding requests

By CLARA OSTEN  
Of The Herald

Two requests for LB840 funds, two change orders on recently completed projects and two bids for upcoming projects were among the items on the agenda for the Wayne City Council when it met in regular session on Tuesday.

Council members approved a request from Ken Jorgensen for \$250,000 to build a sports bar and bottle shop on the east side of Wayne.

Council members debated the nature of the request and the way the funding would be awarded. Jorgensen had originally requested the money in the form of a \$125,000 performance based loan that would be forgiven over a period of 15 years based on the business creating 20 full-time-equivalent jobs and \$125,000 in a low interest rate loan that would be paid back in 10 years.

The LB840 Committee had recommended to the council that the funds be awarded in the form of a \$250,000 zero percent interest loan to be repaid over a period of 15 years.

Discussion was held on the merits of either of the methods of financing for the project, which is estimated to cost \$1.8 million and be constructed yet this year.

Following debate, the council voted to approve the \$250,000 zero percent interest loan to be repaid over a period of 15 years.

Pat Garvin, owner of Innovative Protectives, Inc. presented information on his plan to use \$40,000 in LB840 funds to rebuild a shop and storage building that was destroyed in the Oct. 4 tornado.

Garvin had earlier been awarded \$10,000 in LB840 funds from the amount set aside for tornado recovery. His request for funding for this portion of the project would come from the general LB840 funds. The money will be used to rebuild a shop to be used to renovate equipment that larger schools no longer use, but can be used by smaller school systems.

The request was unanimously approved by the council.

Council members voted to approve two change orders on the Chief's Way Sanitary Sewer Project rather than risk added costs of arbitration.

Change orders in the amount of \$3,723.50 and

\$2,710.05 were approved to Robert Woehler and Sons Construction.

The changes were necessary due to the fact that engineers designing the project had used out-dated information and were unaware of utilities located in the project.

In accepting the change orders, the city will seek to have some of the costs incurred by the engineering firm and the utility company.

Council member Matt Eischeid said he did not like the idea of paying for the change orders rather than going to arbitration and felt this was "just giving up."

City Administrator Lowell Johnson said the city would have incurred some of the costs associated with the change orders had they been noted in the original bid documents and that in the future, the city's policy will be changed to require a meeting with all the utilities prior to the start of a construction project.

Bids were accepted and contracts awarded for the Highway 15 and 10th Street Intersection Project and relocations of ball fields, reconstruction of the infields and the creation of common space between the fields at the Summer Sports Complex.

Robert Woehler and Sons was the low bidder in the street project with a bid of \$73,760. Work is scheduled to begin May 19 and should be completed by Aug. 1. It will involve turning lanes both on the highway and on 10th Street, the addition of sidewalks on the south side of 10th Street and ADA accessibility where required.

Odeys of Omaha was awarded a contract in the amount of \$71,500 for the work at the Summer Sports Complex. Work there is scheduled to begin as soon as the frost is out of the ground.

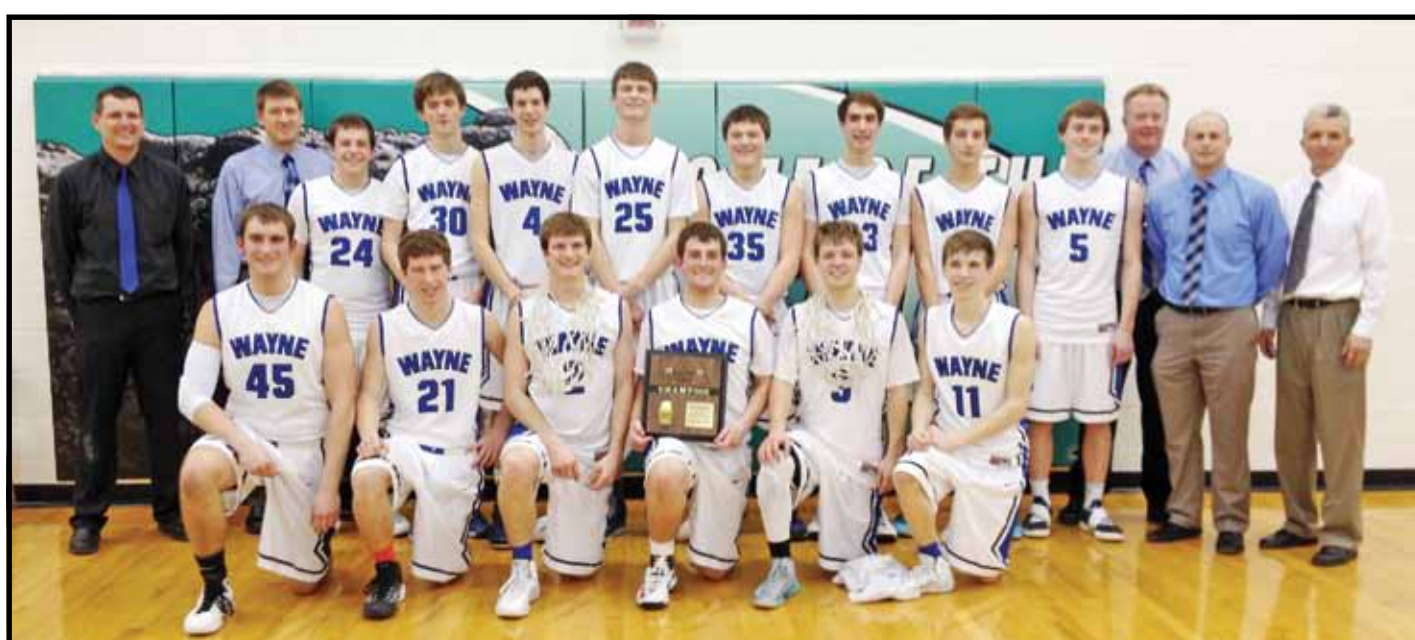
Ordinance 2014-6 received first reading approval from the council. It will begin the process of annexing real estate in the northeast quadrant of the city into city limits.

Discussion was again held on the merits of annexing the Pacific Coast property into the city at this time.

Council member Eischeid said doing so takes away options for potential buyers of the property who may wish to remain outside city limits.

The council will next meet in regular session on Tuesday, March 18 at 5:30 p.m. in Council chambers.

### STATE-BOUND BLUE DEVILS



(Photos by Michael Carnes)

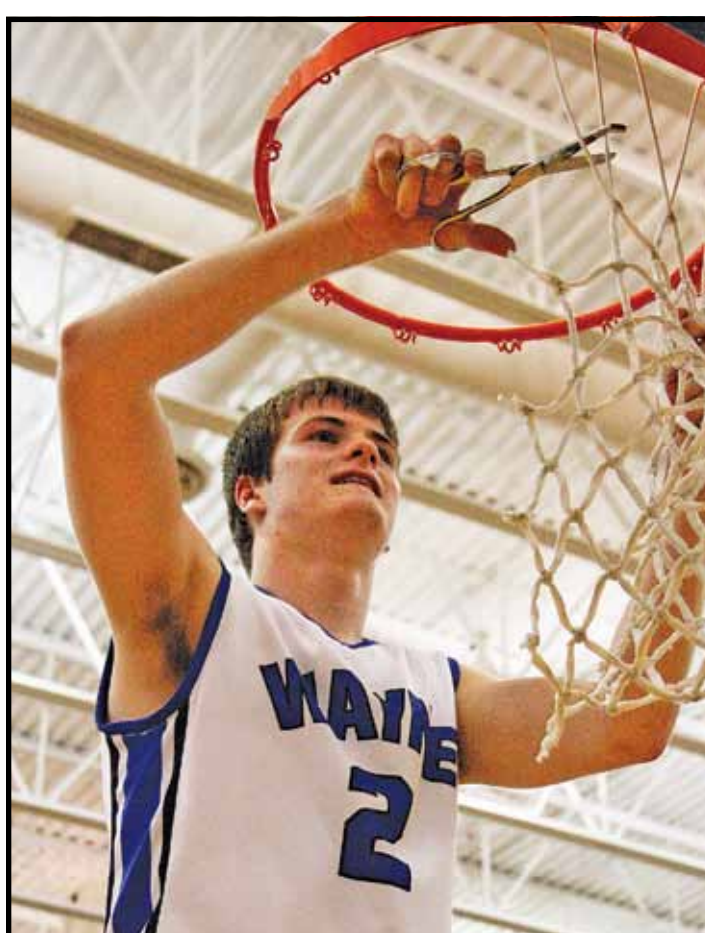
Look out, Lincoln – here come the Wayne Blue Devils. The Blue Devils stormed through postseason play to earn their second straight trip to the state basketball tournament, knocking off Norfolk Catholic 71-46 to win the C1-4 district title and earn the trip to the state tournament next week in Lincoln.

The 23-4 Blue Devils have been dominant through their first three postseason games, winning each game by an average of more than 30 points per game.

In the photo above, the Blue Devils get together for the traditional team photo with the championship plaque and the cut-down nets.

In the photo at right, Jared Anderson cuts off his own little memory from the net to celebrate the team's accomplishments.

Wayne High will face Cozad in the first round of the state tournament next Thursday at 9 a.m. at the Bob Devaney Sports Center. Complete details are in the Sports section.



### WAYNE COUNTY ELECTION FILINGS

County Ticket		Nonpartisan Ticket	
County Clerk	*-Deb Finn (R)	Wayne School Dist. 17	*-Jeryl L. Nelson
County Assessor	*-Dawn Duffy (D)	Winside School Dist. 95R	*-Carolyn V. Linster
County Sheriff	Clayton Bratcher (R)	Wayne City Mayor	Scott A. Hammer
	Domenic Consoli (R)	Wayne City Council Ward 1	Chris Olander
	Cory Moeller (R)	Wayne City Council Ward 2	Kevin Falk
	Jason Dwinell (R)	Wayne City Council Ward 3	Dana Bargstadt
County Treasurer	*-Karen McDonald (R)	Wayne City Council Ward 4	Nate Behmer
County Attorney	*-Michael E. Pieper (R)	Wayne Airport Authority	Jonathan Jaeger
Clerk Dist. Court	*-Debra K. Allemann-Dannelly (R)		*-Kenneth Chamberlain
County Surveyor	*-Terry L. Schulz (D)		John Temme
Dist. 1 County Commissioner	*-Randy Larson (D)		*-Rodney Greve
Dist. 3 County Commissioner	*-James Rabe (R)		*-Matthew Eischeid
			Kathryn E. Berry
			Jason Karsky
			Nicholas Hawthorne
			*-Jill Brodersen
			*-Mitchell Nissen
			Thomas Schmitz

Primary Election is Tuesday, May 13  
General Election is Tuesday, Nov. 4

\*-Denotes incumbent

## Field is now set for area election races

By MICHAEL CARNES  
Of The Herald

The deadline has passed for those interested in running for elected office, and several last-minute filings have created some races for the November election.

Most notable is the late filing of John Temme for the position of Mayor of Wayne. He will run against incumbent Ken Chamberlain in the November election.

Another election was created with the late filings of Jason Karsky and Nicholas Hawthorne to the Wayne City Council Ward Three seat that will be vacated by Kaki Ley when her term expires this November. Both

will advance to the Nov. 4 general election.

Also facing competition in the general election will be Ward 2 representative Matthew Eischeid, who will go up against former Councilwoman Kathryn Berry.

The five candidates for the Winside District 95R Board of Education will advance to the general election. Three candidates will be selected to the board this November.

The Republican primary for Wayne County Sheriff will be the only race that will require a primary election on May 13. Four candidates for the Republican nod are on the ballot to replace longtime Sheriff LeRoy Janssen, who is stepping down after serving eight terms as the county's top cop.

## Crofton man to run in Dist. 40

A Crofton man has put his name into the hat to run for the seat for the 40th district of the Nebraska Legislature.

Keith Kube is a Crofton High School graduate and worked for 15 years as a business consultant before moving back to his family's farm in the Crofton area in 2010. Prior to his work as a consultant, he worked for Trane out of LaCrossae, Wisc., as a process engineer in the petrochemical industry.

He said he is running for the Legislature "to bring a voice of agriculture and busi-

ness experience to Nebraska government so the farmers, ranchers and communities of Northeast Nebraska will be assured their concerns are addressed and their way of life continues to be a viable option for future generations.

District 40 includes Cedar, Dixon Knox and Holt counties. Kube is one of three candidates running for the nonpartisan seat, including incumbent Tyson Larson of O'Neill and Bruce Boettcher of Bassett.

## Positive memory for Winside boys in rough regular season

By MICHAEL CARNES  
Of The Herald

To say it's been a rough season for the Winside boys basketball team would be an understatement.

With only six players on the roster, the Wildcats were outmanned and outscored in each of the 20 games they played this season.

But for all the difficulties they had in competing on the court this season, this year's team will be remembered more for making a contribution to the happiness of a special education student at Cedar Bluffs High School who got to see action, and score some points, during a season-ending basketball game.

The idea was hatched between Winside assistant boys basketball coach Cory Lenton and Cedar Bluffs head coach Beau Viergutz, who have been longtime friends since their school days.

"Coach Viergutz and Cory were old friends, and early in the season when we knew we were playing them, they had talked and Beau had said he had a player with some disabilities and thought it would be slick if we could manage a time where he could come in and play," Winside boys basketball coach and superintendent Jeff Messersmith said. "Cory and I talked about it, and we said we'd be glad to help out."

With less than four minutes left in the game and Cedar Bluffs leading the Wildcats 50-5, Cedar Bluffs junior Derek Westrom came into the game and got his first opportunity to score – and he did.

"Nothing goes totally as planned, but in the last few minutes, Derek came on the court and was able to score a few baskets," Messersmith said. "It was an awesome night."

In fact, Westrom nearly outscored the Wildcats on his own. He scored six points on three straight possessions in Cedar Bluffs' 56-7 win, but the score didn't matter near as much to the kids on either team as the opportunity to be a part of someone's special moment.

See WINSIDE, Page 4A

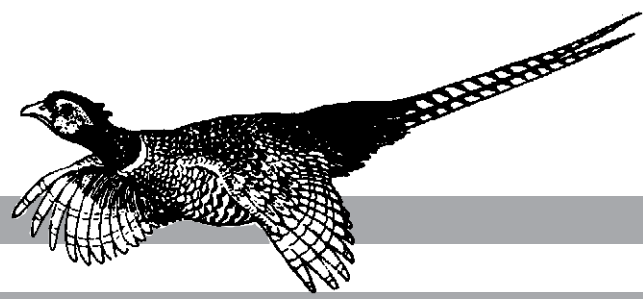


(Contributed photo)

Members of the Cedar Bluffs and Winside boys basketball teams stand together with Derek Westrom (No. 22 in white) after a special game between the two teams capped the regular season recently.

Record

The Wayne Herald



Obituaries

Edith Skinner

Edith Skinner, 98, of Wisner, died Tuesday, Feb. 25, 2014 at the Wisner Care Center.

Services were held Monday, March 3 at the United Methodist Church of Christ in Wisner. Burial was in the Wisner Cemetery.

Edith Christine Skinner was born on July 21, 1915 in Wisner, the only child of Harry E. and Kathryn (Stauffer) Leisy.

Edith was musically gifted and played the piano and sang solos for weddings and funerals in the Wisner area in her younger years.

In March, 2003, Jesse and Edith were crowned the Wisner St. Patrick's Day Celebration King and Queen.

Survivors include her daughter, Joan and Rick Adkins of Laurel, and their family, Sara Landgren Skretta and husband John and children, Sam and Ben Landgren, Tony and Coby Skretta;

She was preceded in death by her parents, husband Jesse on Feb. 23, 2011; sister-in-law, Catherine Moeller on May 18, 2010, and grandson-in-law, Mark T. Landgren on June 10, 2004.

The family suggests memorials be directed to the family for scholarships, the United Methodist Church of Christ in Wisner, or the Chapel Fund at the Wisner Care Center.

A Quick Look

Table with columns: Date, High, Low, Precip, Snow. Rows for Feb. 27, Feb. 28, Mar. 1, Mar. 2, Mar. 3, Mar. 4, Mar. 5.

Recorded 7 a.m. for previous 24 hour period Precip./mo. — .24" / Monthly snow — 4" Yr./Date — .88" / Seasonal snow — 15.5"

Chamber Coffee

WAYNE — This week's Chamber Coffee will be held Friday, March 7 at the Northeast Nebraska Chapter of the American Red Cross.

Daylight Savings Time begins

AREA — All area residents are reminded that Daylight Savings Time begins Sunday, March 9.



Carroll Firemen's Breakfast

CARROLL — The Carroll Volunteer Fire Department's annual Pancake & Omelet Feed will be held Sunday, March 9 from 8:30 a.m. to 1 p.m.

Judith Vraspir

Judith Vraspir, 54, of Emerson, died Saturday, March 1, 2014 at her home in Emerson, surrounded by her family.

Memorial services were held Wednesday, March 5 at Sacred Heart Catholic Church in Emerson.



Survivors include her husband, Gene, of Emerson; children, Gina (Gartner) Sukup of Seward, Edwin Vraspir (Lindsay Martin) of Fort Collins, Colo., Jonathan (Cathryn) Vraspir of Nassau, Bahamas, Sara Vraspir (Travis Koopman) of Emerson and Rebecca Vraspir (Daniel Langley) of Douglas, Wyo.;

She was preceded in death by her parents, Dennis and Marjorie Hassler; sisters Teresa and Seina Hassler, a brother-in-law, John Rohde, father-in-law, Edwin Vraspir, and mother-in-law, Leona Doupnik.

Memorials may be directed to the family. Munderloh-Smith Funeral Home of Emerson was in charge of arrangements.

Briefly Speaking

Bridge played at Senior Center

AREA — Bridge was played at the Wayne Senior Center on Tuesday, March 4 with eight ladies attending.

District Court news

Civil Proceedings

FayeMarie L. Lilienkamp, Wayne, vs. Benjamin T. Lilienkamp, Wayne. Dissolution of Marriage.

Ashley L. Snodgrass, Wayne, vs. Lucas S. Snodgrass, Vermillion, S.D. Dissolution of Marriage.

Criminal Proceedings

St. of Neb., pltf., vs. Miguel A. Flores. Complaint for Driving While Under the Influence of Alcoholic Liquor, Third Offense, Aggravated, a Class IIIA Felony.

Deans' List/Honor Roll announced at University of Nebraska-Lincoln

The University of Nebraska-Lincoln has announced its fall semester 2013 Deans' List for its eight colleges and the Honor Roll for undeclared students in the Explore Center.

Civil Proceedings

Carroll: Clinton Robert Lackas, junior, College of Education and Human Sciences, athletic training major.

Criminal Proceedings

St. of Neb., pltf., vs. Jesse J. Boschult, Hoskins, def. Complaint for Obstructing a Peace Officer.

St. of Neb., pltf., vs. Sean T. Tili, Wayne, def. Amended Complaint for Criminal Trespass-Second Degree and Disturbing the Peace (Count II).

St. of Neb., pltf., vs. Nathan Henderson. Complaint for Issuing Bad Check, a Class I Misdemeanor.

County Court Proceedings

Judge Michael L. Long presiding

On Feb. 10 the Wayne County Court heard 26 cases, including two bond hearings, three probate cases and 21 criminal cases.

During the previous week there were six juvenile signings, 21 criminal signings and 12 probate signings.

St. of Neb., pltf., vs. John Lutjelusche. Complaint for Violation of Probation. Probation continued.



Dr. Keino is pictured with Dr. Barbara Engebretsen, who is chair of the New Generations Committee for the Wayne Rotary club.

Wayne Rotary Club learns of life in Kenya

Dr. Leah Keino was a recent speaker at the Wayne Rotary club. She is in her first year as the Director of the Wayne State College Multicultural Center.

Kenya, where she was born and raised. Her family raises corn, vegetables, tea, and dairy cattle.

Dr. Keino told the group about



Pet of the Week

This week's Pet of the Week at Tenderheart Animal Rescue is Oliver, who came to Tenderheart last fall from Madison county as a stray.

For more information or to adopt Oliver, call (402) 369-6030.

Courthouse News

Criminal Proceedings

St. of Neb., pltf., vs. Jesse J. Boschult, Hoskins, def. Complaint for Obstructing a Peace Officer.

St. of Neb., pltf., vs. Sean T. Tili, Wayne, def. Amended Complaint for Criminal Trespass-Second Degree and Disturbing the Peace (Count II).

St. of Neb., pltf., vs. Larry R. Hamilton, Lincoln, def. Complaint for Theft by Unlawful Taking (Count I) and Habitual Criminal (Count II).

St. of Neb., pltf., vs. Britton J. Tasa, Wayne, def. Complaint for Driving While Under the Influence of Alcoholic Liquor.

St. of Neb., pltf., vs. Joshua T. Kruse, Royal, Iowa, def. Complaint for Driving While Under the Influence of Alcoholic Liquor.

St. of Neb., pltf., vs. Xavier Ortiz, Wayne, def. Complaint for Operating a Motor Vehicle During Suspension or Revocation.

St. of Neb., pltf., vs. Jessica A. Schultz, Wayne, def. Complaint for Assault in the Third Degree by Mutual Consent.

St. of Neb., pltf., vs. Xavier Ortiz, Wayne, def. Complaint for Operating a Motor Vehicle During Suspension or Revocation.

St. of Neb., pltf., vs. Joshua T. Kruse, Royal, Iowa, def. Complaint for Driving While Under the Influence of Alcoholic Liquor.

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St. of Neb., pltf., vs. Joshua T. Kruse, Royal, Iowa, def. Complaint for Driving While Under the Influence of Alcoholic Liquor.

Criminal Proceedings

Credit Bureau Services, Inc., pltf., vs. Daniel Bruns, Wayne, def. \$747.72. Judgment for the pltf. for \$747.72 and costs.

Credit Bureau Services, Inc., vs. Misty Bear, Wayne, def. \$147.48. Judgment for the pltf. for \$147.48 and costs.

Credit Bureau Services, Inc., pltf., vs. Nathan T. Henderson, Wakefield, def. \$136.28. Judgment for the pltf. for \$136.28 and costs.

Credit Bureau Services, Inc., pltf., vs. Heath F. Dewald, Wayne, def. \$1,899.69. Judgment for the pltf. for \$1,899.69 and costs.

Traffic Violations

Jason Simpson, Wakefield, load securement violation and no oper. lic., \$223; James Carretto, Wisner, violated stop sign, \$123.

February Property Transfers

Feb. 4: Jerald S. Rabe to Jerald S. and Susan M. Rabe Family Trust, Jerald S. Rabe Trustee and Susan M. Rabe Trustee.

Feb. 4: Jerald S. Rabe and Susan M. Rabe to Jerald S. and Susan M. Rabe Family Trust, Jerald S. Rabe Trustee and Susan M. Rabe Trustee.

Feb. 4: Gary G. Krallman and Judith A. Krallman to Yvonne A. Manning. The N 1/2 of the NE 1/4 of Section 24, Township 27, Range 3. Exempt.

Feb. 4: David H. Asmus and Julie A. Asmus to David H. Asmus and Julie A. Asmus. Part of the SE 1/4 of Section 4, Township 26, Range 1. Exempt.

Feb. 6: Virgil L. Rohlff to Lori Suehl. The E 1/2 of the SW 1/4 of Section 20, Township 25, Range 2. Exempt.

Feb. 6: Corby A. Schweers and Amy S. Schweers to Michael S. Cavenee and Alicia A. Cavenee. Lot 10, Block 2, Knolls of Wayne. \$227.75.



(Photo by Clara Osten)

## Congeniality award

Sheri Kemp (right) was surprised and overjoyed when it was announced that she received the Wayne Ambassador's Congeniality Award. Making the presentation was Cindy Brummels.

## Bullying presentation in Allen

The Dixon County 4-H Junior Leaders, along with the Allen FFA, are bringing Nebraska State Trooper Keith Bell to town for an anti-bullying presentation on Sunday, March 16 at 3 p.m. at the Allen gymnasium.

Bullying occurs in any town in the county, but it is important for adults to understand that bullying does not have to be a normal part of childhood. All forms of bullying are harmful to everyone involved, including the bully, the victim and

the witnesses – and the effects can last well into adulthood.

Trooper Bell has been in law enforcement since 1997 and has served with the Nebraska State Patrol for 11 1/2 years, serving out of the Omaha Division. His job as the patrol's community service officer sends him across the Omaha metro area, talking with thousands of students a year in more than 1,200 presentations.

Bell has been on the Nebraska Juvenile Justice Association's

board since 2013, and was honored with their Service to Youth Award in 2012.

Bell and his wife, Colleen, have two sons, age 10 and 7. He is a youth mentor at King of Kings Lutheran Church in Omaha and plays bass guitar in the church's worship band.

A donation to local food pantries is the admission for his presentation in Allen. All ages are welcome.

# County board takes care of light agenda Tuesday

By MICHAEL CARNES  
Of The Herald

The Wayne County Commissioners took care of a variety of house-keeping issues in a short meeting Tuesday at the county courthouse.

The board unanimously approved the awarding of a contract for three culvert projects, including one in District 1 and a pair in District 2. Ace Eaton of Grand Island was awarded the contract with a low bid of \$73,515.40.

In other road-related action, the board approved the awarding of a bid for inspection of eight fracture-critical bridges by Speece-Lewis of

Lincoln. The county's share of the cost will be around \$1,700, with the state picking up the remainder of the tab.

The board discussed the possibility of the addition of a third full-time employee in the assessor's office with Wayne County Assessor Dawn Duffy. Duffy said the addition of a third full-time employee would help address staffing concerns in her office. The board took no action on the request.

In other action, the board: – heard a report from emergency manager Nic Kemnitz, who noted that he and County Sheriff LeRoy Janssen will be doing presentations

on the county's work during last fall's tornado at events in Lincoln and Kansas.

– approved the appointment of Lin Brummels as the county's representative to the Northeast Nebraska Resource Conservation and Development board.

– approved a \$750 lodging tax application for the Hoskins Woodland Park Rescue Golf Scramble.

– approved a county burial application.

The board's next meeting is set for Tuesday, March 18 at 9 a.m. in the Wayne County Courthouse.



(Photo by Clara Osten)

## Bear Hugs for Building Blocks

US Cellular and Miss Molly's in Wayne teamed up on a fundraiser for Building Blocks Foster Care Program. Sweetheart gifts were sold, which included a bear, rose and candy. Bear hugs were also sold at Wayne State. Over \$300 was raised. Pictured are Melodie Younts with Miss Molly's, Diane Carrillo with US Cellular and Tonya Bauman, Building Block Recruiting and Training Specialist.



Students creating the sculpture include (left) Jared Anderson, Brady Ping, Payton Janke, Joe Burrows, Joe Kielty, Jose Vergara and Derek Davis.

## Wayne students' sculpture part of Norfolk Home Show

Students in Manufacturing Technology at Wayne High School have been working on their entry for the fifth Annual Ken Iverson Project.

More than 10 schools throughout Nebraska received material donated by NUCOR to create a metal sculpture. Each school received the same material, but were allowed to add one additional item to add to the sculpture. The completed sculptures will be on display at the Norfolk Home Show located at the Northeast Community College Ag

Complex Friday through Sunday, March 14-16.

People attending the home show will be able to vote on the sculptures, and have the opportunity to purchase their favorite sculpture at the auction, which will be held Sunday at 3 p.m. Prize money will be awarded to the top six places and added to the amount the sculpture brings at the auction. This money will be awarded to the schools to use in their Industrial Technology programs.

Students at Wayne High School have participated in this event every year, and placed fifth overall in voting in 2011.

According to Wayne High Manufacturing Technology Instructor Tony Cantrell, the students began working on the project in early January.

Metal work on the tractor was complete when the picture was taken. The finished product will be painted red, white, and black.



(Photo by Clara Osten)

Involved in a recent project that combined information learned in British Literature with skills learned in Advanced Applications class are (front) Trevor Pecena, Jared Anderson, Tyler Wurdeman and Payton Janke. (back) Dwaine Spieker, Curtis Moeller, Garret Zink, Austin Keiser, Cody Frahm, Evan Lubberstedt and Anthony Cantrell.

## Call to arms at Wayne High School

Senior students in both Dwaine Spieker's British Literature/Composition IV class and Anthony Cantrell's Advanced Applications class recently combined their educational experiences.

After reading the medieval epic poem "Beowulf" in English, students demonstrated their understanding of the poem by creating non-dangerous weaponry in Advanced Applications. Each project centers upon a piece of war-gear mentioned in the poem.

Tyler Wurdeman and Jared Anderson made swords that appear to have melted; Kody Frahm made a sword that appears to have broken;

Austin Keiser, Garrett Zink, and Payton Janke made full, but blunt, swords similar to ones mentioned in the poem; and Trevor Pecena, Curtis Moeller and Evan Lubberstedt made shields of metal or wood similar to ones used in the narrative.



(Photo by Clara Osten)

## Anniversary observance

Sandra Gathje, owner of Tacos & More, (left) spoke of the business during Friday's Chamber Coffee. She noted a number of changes at the business and the services offered.

### The Wayne Herald

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## Music Boosters annual fundraiser set for March 20

The Wayne Community Schools Music Boosters Sandwich, Pie and Ice Cream Social has been set for Thursday, March 20.

The event runs from 5-8 p.m. and will be held in the high school gym and commons area.

A freewill donation will be accepted with funds going to assist the music department.

The performance schedule is as follows:

5-5:15 p.m.: Fifth grade band;  
5:15-5:30 p.m.: Sixth grade band;

5:30-5:45 p.m.: Seventh grade band;

5:45-6 p.m.: Seventh and eighth grade choir;

6-6:15 p.m.: Eighth grade band;

6:15-6:30 p.m.: Break.

6:30-6:45 p.m.: High School Jazz Choir;

6:45-7:05 p.m.: High School Jazz Band I;

7:05-7:30 p.m.: High School Concert Choir;

7:30-8 p.m.: High School Varsity/Cadet Band.

### Monthly Energy Tip

## What's a watt?

If you're like most people, when you get your electric bill, the first thing you make note of is how much you owe the power company. Next, you most likely will consider whether the total cost is higher or lower than the previous month's without considering the "watts" that you're being charged for. Unfortunately, cost is not a good way to tell if you used more or less electricity than you normally would.

To start, let's consider what a watt is. By definition, a watt is a measure of power. The more watts, the more power. That's why a 1,500-watt microwave oven cooks about twice as fast as a 750-watt microwave.

But when you examine your electric bill in greater detail, you will notice you are being billed for kilowatt-hours. Kilowatt-hours, abbreviated kWh, are a measure of energy and time. For example, if you run a 100-watt light bulb for one hour, you've used 100 watt-hours, or 0.1 kilowatt-hours, since a kWh is 1,000 watt-hours. In other words, 0.1 kWh is the amount of energy you need to run a light bulb for an hour.

It is very common for people to underestimate the power needs of an appliance or light, as well as to not realize how many hours a month some appliances and lights operate.

Now consider: While all watts are the same, not all watt-hours are created equal! During summer months, demand for electricity increases. Large-scale storage of electricity is generally cost prohibitive, so utilities must operate more generation to meet that higher de-

mand. This additional generation costs more to operate per kWh produced. Consequently, utility companies must charge a higher price per kWh to cover their costs during the summer.

What energy-using item operates and for how long will naturally change in your home, too! Most homes in Nebraska have central heating systems. As the weather gets colder, units run longer and the system blowers consume more electricity. If your home also uses electric resistance or a heat pump to keep the "inside" comfortable, significant increases in billed kWhs are normal.

As daylight hours change throughout the year, more or less lighting is used in the home. Depending on the number, type of lights, and hours operated, sizeable changes in energy consumption can occur.

Over 97 percent of Nebraskan homes have some form of air conditioning. As temperatures rise, air conditioning typically operates for more hours each month and causes the number of electric kWhs consumed to increase. By the time the electric bill arrives in September, which includes electricity used in August, cooler weather is often upon us and we tend to misjudge how much the air-conditioning ran.

When you open your next monthly electric statement, consider some of these points after looking at the kWhs billed and not just how much you owe. Reviewing your energy use patterns and understanding where the energy goes just may change how you use electricity.



(Photos by Clara Osten)

## Cat in the Hat visits

In observance of Dr. Seuss' birthday and Read Across America, Wayne Elementary School Librarian Claudia Koeber invited The Cat in the Hat to visit the school on Monday. Mrs. Koeber and The Cat in the Hat visited each of the classrooms and spoke with students about reading and Dr. Seuss. (above) Kindergarten students in Mrs. Meyer's class pose for a photo with some of their favorite Dr. Seuss books. (right) The Cat gave "High Fives" to the kindergartners in Mrs. Rockhill's class. Read Across America is a nationwide reading celebration that takes place on Dr. Seuss' birthday (March 2). Because that date fell on a Sunday this year, the event was held at Wayne Elementary on Monday. Throughout the school, students and staff were dressed in a Dr. Seuss-related attire, including hats, shirts and even a blue "Thing" wig.



## Winside

From Page 1A  
thing special.

"Our kids were elated to be able to give back," Messersmith said. "They've had a struggling season, but this was an opportunity for them to give and they showed the type of character our kids have at Winside."

When the game was over, fans cheered the efforts of all the kids involved, and the two teams gathered for a group photo. Winside's kids autographed one of their basketballs, and the Cedar Bluffs kids added their signatures to it after the game to present to Westrom.

"That's what it's all about," Messersmith said. "For us, it was an opportunity to feel good about the season. After the game, I think the kids felt like winners and were able to accomplish something at a much higher level than anybody understands. Sometimes, these opportunities come through in sports where lessons are to be learned about life, and I think we can learn compassion, even when we're having a significantly down season, you can still find a place where there is compassion in everyone's hearts."

And, while the team's season ended the following week with a first-round loss in the sub-

district tournament, the lopsided defeats and 0-20 season aren't going to be what kids on either team will remember years from now.

"Our kids aren't going to remember the 0-20," Messersmith said. "They're going to say, 'Remember that night we had that game with Cedar Bluffs and got to help Derek out?' That's something they're always going to remember, and the two communities have built a bond because of this and I'm sure it's something all the kids involved will remember years from now, giving Derek an awesome opportunity to shine."

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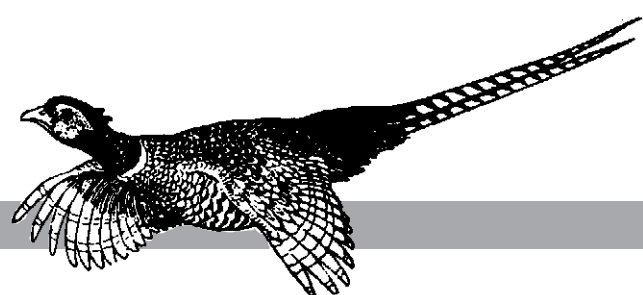
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# Sports

The Wayne Herald



## Reservations for 'Blue'

Wayne High secures trip to state tourney

By MICHAEL CARNES  
Of The Herald

Norfolk Catholic tried to bring the heat early, but Wayne High's three-headed monster was the one leaving the charred remains behind.

Facing a win-or-else situation Monday night, the Wayne High Blue Devils overcame some early full-court pressure by Norfolk Catholic and pulled away in front of a standing-room-only crowd of about 1,100 people at Wisner-Pilger High School, punching their ticket to state with a convincing 71-46 win over the Knights to claim the C1-4 district championship.

The Knights used a suffocating full-court press that created some early troubles and put Wayne in a quick 6-0 hole, but it wouldn't be long before Wayne broke the Knights' pressure and, eventually, their will as well.

"They came out against Boone Central and did the same thing, and we told our kids that we just needed to withstand it," coach Rob Sweetland said after the win sent the 23-4 Blue Devils to the Class C-1 state tournament next week in Lincoln.

"We put ourselves in some bad positions in the corners early on, but we addressed it and got more to the middle of the floor," Sweetland added. "Once their press went away, we were able to do some things."

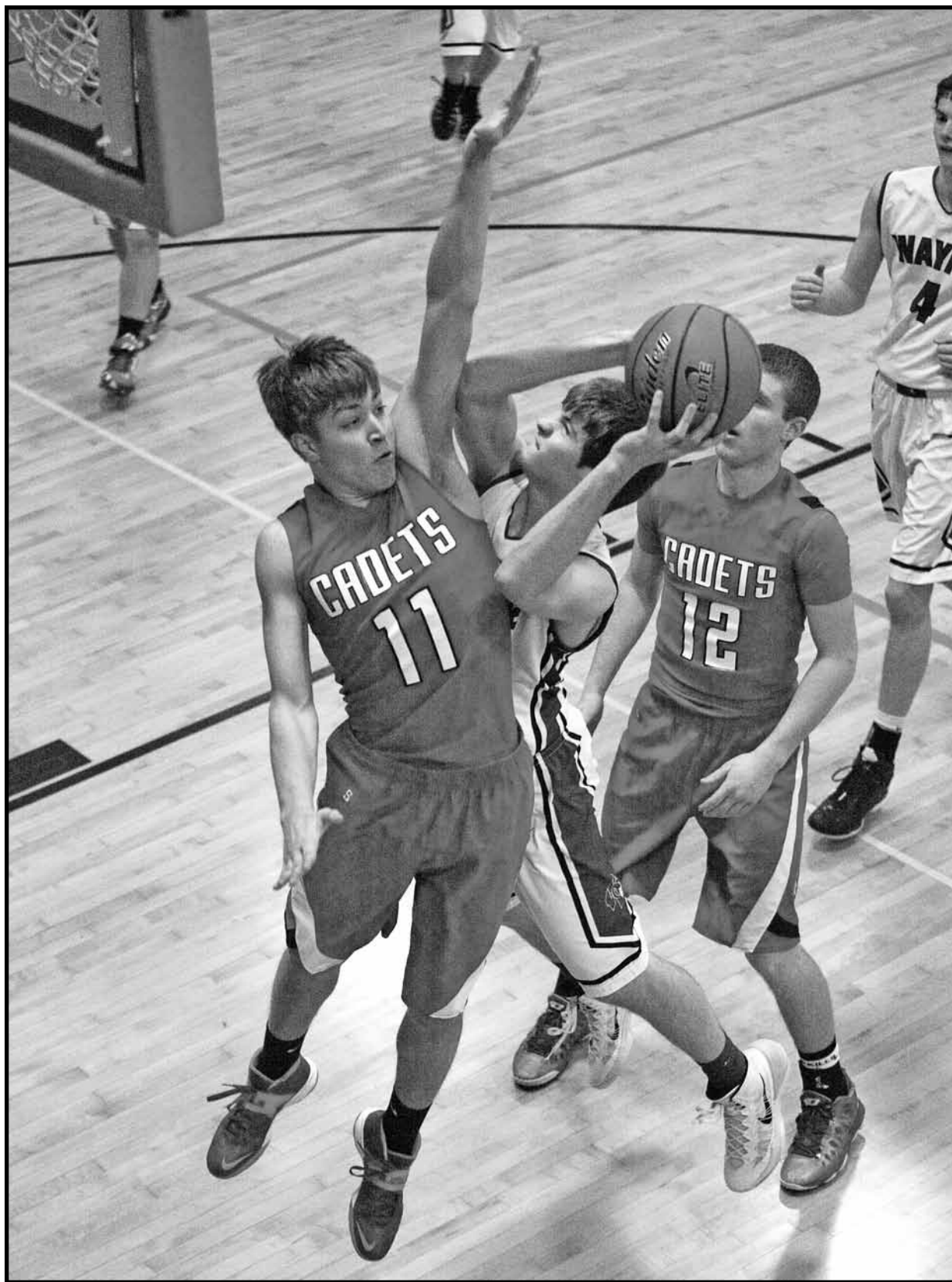
The Blue Devils overcame the sluggish start with eight straight points, capped by back-to-back lay-ups by Kaje Maly to give Wayne an 8-6 advantage.

Norfolk Catholic would lead 14-12 after one period, but the two teams traded the lead throughout much of the first half before the Blue Devils changed defenses and put the ball in the hands of senior Jalen Barry.

The senior guard responded in a big way in the final two minutes of the first half. He hit a pair of 3-pointers, converted a three-point play and then capped the half with a steal and a basket just before the buzzer that gave Wayne a six-point lead they would never relinquish.

"We changed our defense up in the second quarter, and that caused some turnovers, and Jalen was able to get some steals and get some buckets on the break," Sweetland said. "He's just taken over this last month, and you just trust that he's going to make the right plays."

No play was more right than his half-ending theft, which came sec-



Wayne High's Jared Anderson goes up for two as he is fouled by West Point-Beemer's Ty Haase during Thursday's subdistrict final win.

(Photo by Michael Carnes)

onds after Wayne had turned the ball over while trying to play for the final shot of the half. Wayne went to a zone trap that led to the steal, and Barry was able to put the ball in before time ran out, giving Wayne a huge momentum shift heading into the locker room.

"We've worked on that," Sweetland said. "We decided a few weeks ago to put in a 1-3-1 trap for that situation and not let the other team get that last shot without putting

See RESERVATIONS, Page 3B

CLASS C-1 STATE TOURNEY PAIRINGS	
<b>First Round</b>	
<b>Thursday at the Devaney Center</b>	
9 a.m. - No. 2 Wayne (23-4) vs. No. 7 Cozad (17-8)	
10:45 a.m. - No. 3 Falls City (24-2) vs. No. 6 Wahoo (20-5)	
2 p.m. - No. 1 Columbus Scotus (21-4) vs. No. 8 Kearney Catholic (15-11)	
3:45 p.m. - No. 4 Bishop Neumann (19-6) vs. No. 5 Boone Central/Newman Grove (19-6)	
<b>Semifinals</b>	
<b>Friday at Pinnacle Bank Arena</b>	
9 a.m. - Thursday 9 a.m. and 10:45 a.m. winners	
10:45 a.m. - Thursday 2 p.m. and 3:45 p.m. winners	
<b>Saturday's Schedule</b>	
9 a.m. - Championship at Pinnacle Bank Arena	
12 p.m. - Consolation at Lincoln Southeast	



(Photo courtesy Richard Rhoden, The Wayne States)

The look of disappointment tells the story as Jaylan Spencer (left) and Shantel Lehmann watch the final seconds tick away in Wayne State's 75-69 overtime loss to Sioux Falls in the NSIC quarterfinals Saturday.

## Wildcats upset in NSIC quarters

The 11th-ranked Wayne State women's basketball team had one of their most sluggish nights offensively and suffered a 75-69 overtime upset at the hands of Sioux Falls Saturday in the quarterfinals of the Northern Sun Conference tournament at the Sioux Falls Pentagon.

The Wildcats struggled shooting the ball for most of the evening, finishing the game shooting 33 percent from the floor (24-of-72).

Even with their shooting struggles, the Wildcats played solid defense for much of the first half. Wayne State led Sioux Falls 28-26 with 3:27 to go in the half but closed out the half with a 5-0 run, capped by a Jaylan Spencer three-point play, to give Wayne State a 33-26 halftime lead.

Wayne State maintained a seven-point lead for much of the second half and seemed to be answering every Sioux Falls run, but the Cougars kept hanging around with key 3-point baskets. They went on a 7-0 run to get within one point at 59-58 with 2:10 to go.

Wayne State clung to the lead and got a pair of free throws from Ellen Hansen to take a 62-59 lead with 20.3 seconds left. Sioux Falls went down with one last chance to tie the game and managed to get it when Bailey Bouman's 21-footer from the corner hit the rim and then bounced on it several times before falling in the basket with :03 left to tie the game.

Wayne State gave up an early trey and got two free throws from Jordan Spencer and a basket by Jaylan Spencer to take a 66-65 lead, but Sioux Falls came back with an-

See WILDCATS, Page 2B

### Spencer tabbed on All-NSIC First Team

Wayne State junior Jordan Spencer was named to the 2013-14 NSIC Women's Basketball All-Conference Team.

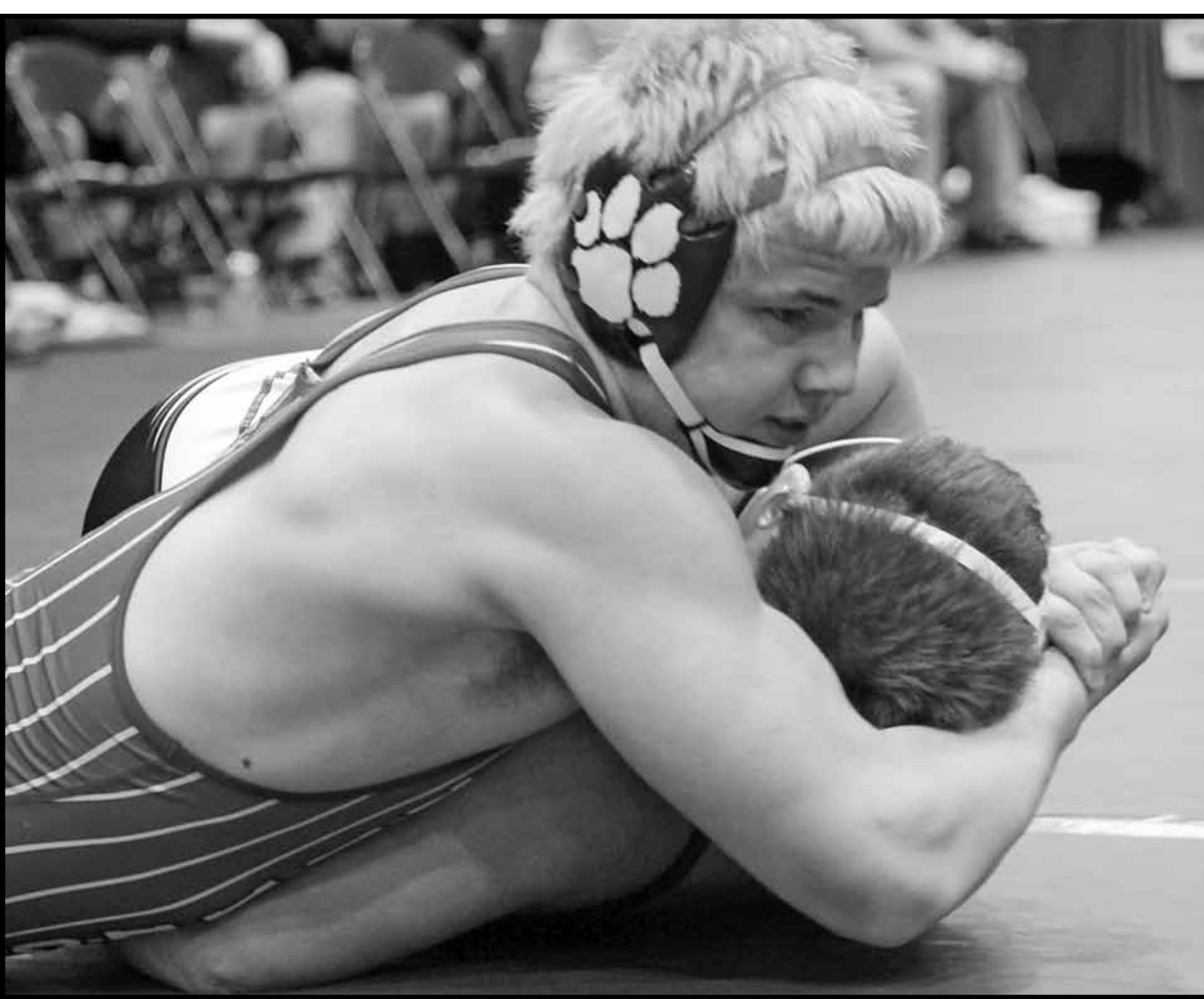
Spencer, a 5-foot-11 forward, earned first-team honors after collecting second-team honors last season as a sophomore and was the lone Wildcat player named to the All-Conference Team.

Spencer led Wayne State in scoring this season at 15.9 points per game. She scored double figures in 26 of 30 games, had five double-doubles this season and was a two-time NSIC Conference Player of the Week. Spencer ranks seventh in the NSIC in field goal percentage (.507), 10th in scoring and 20th in rebounding.

Spencer helped Wayne State win a third NSIC regular season title in the last four seasons as the Wildcats finished the regular season 26-3 and 19-3 in league play.



Spencer



(Photo courtesy Lee Koch)

Caleb Lienemann puts the finishing touches on his third pin of the day to help the Winside wrestlers finish fourth in the Nebraska State Duals tournament Saturday in Kearney.

## Winside takes fourth in state duals

KEARNEY - The Winside wrestling team finished in the same spot as they had during the Class D state tournament a week earlier, coming home with a fourth-place finish in the Nebraska State Duals wrestling tournament on Saturday.

Wrestling for the first time in the tournament's second year, the Wildcats dominated Thayer Central in the opening round, posting a 43-27 win. They battled state tournament runner-up Plainview tough before falling 40-30, then were out-

scored by Neligh-Oakdale 48-24 in the consolation match.

In the opening dual, the Wildcats got out to an early lead with five straight wins on the mat. Zane

See DUALS, Page 2B

## Blue Devils' state hopes fall short in C1-4 district final

By MICHAEL CARNES  
Of The Herald

NORFOLK - There isn't much room for error when a district championship is on the line.

The Wayne High girls basketball team found that truth out the hard way on Friday night, as a 14-1 second-quarter run helped Pierce defeat the Blue Devils 58-39 in the C1-4 district finals and return to state to defend their Class C-1 state title from a year ago.

Pierce won the regular-season meeting between the two teams in early January, but Wayne dominated the tempo and upset the Bluejays in the first round of the Mid State Conference tournament four weeks ago.

Coach Jeff Zeiss said it would be important for his team to control the tempo in the third matchup between the two teams, and although Pierce had a 12-10 lead after one period, Zeiss felt his team was doing what it needed to do.

"To beat Pierce, we had to control the tempo, and I felt really good that we were doing that in the first period," he said after the game. "We weren't shooting great, but I felt we were doing a good job controlling things."

Wayne got out to an early 5-4 lead on a 3-pointer by Tarah Stegemann, but Pierce answered with a triple of its own by Jacy Bretschneider to make it 7-5.

Back-to-back baskets by Angie Nelson and Abbie Hix gave Wayne



(Photo by Michael Carnes)

Wayne High's Jalyn Zeiss defends against Pierce's Jacy Bretschneider during C1-4 district finals action Friday.

a 9-7 advantage late in the first period, but the rest of the first half belonged to Pierce, who outscored Wayne 19-2 in the final 10 minutes of the first half.

Nelson hit a free throw with 1:09 left in the half to give Wayne its only point of the second period. Wayne rushed its shots on the outside and couldn't get anything off in the paint, thanks to the defensive

efforts of 6-foot-1 Jaci Brahmaer and 6-foot-2 Rachelle Rucker, who rejected just about every shot in the paint in the first half.

"We don't have an answer for those two six-footers inside," Zeiss said. "We needed to shoot well on the perimeter, and if we didn't, I knew we were going to struggle."

See DISTRICT, Page 2B

# Fehringer named NSIC Field Athlete of the Year

Wayne State senior thrower Carly Fehringer was named the Northern Sun Conference Indoor Women's Field Athlete of the Year as voted on by league coaches.

Fehringer, a graduate of Wayne High School, won five of the seven weight throw competitions she competed in this season and earned All-NSIC honors with a second place finish in the event at last weekend's

NSIC Championships. She currently ranks fourth in NCAA Div. II in the weight throw with a top mark of 63 feet, 8 3/4 inches.

In the shot put, Fehringer also earned All-NSIC honors with a second place finish and is ranked ninth nationally in the event at 48-7 1/2. She helped the Wildcats to a sixth-place finish at the NSIC Indoor Championships.

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## Where's Willy the Wildcat This Week...

**WSC INDOOR TRACK**  
March 14-15 — NCAA Nationals, Salem, NC

**WSC SOFTBALL**  
March 9-13 — National Training Center Spring Games

**WSC BASEBALL**  
March 11-14 — RussMatt Central Florida Invitational



# Wayne State softball drops extra-inning battle, bounces back for 6-1 road victory

The Wayne State softball team split a pair of non-conference games in Pittsburg, Kansas Friday afternoon as the Wildcats dropped a 7-5, eight-inning contest to Pittsburg State in the first game but bounced back with a 6-1 win over Northwest Missouri State later in the day.

Pittsburg State took advantage of nine Wayne State walks and scored two runs in the top of the eighth inning to top the Wildcats 7-5.

Wayne State tied the score in the bottom of the second inning on a two-out rally as Sam O'Brien hit a solo homer to right field followed by Vicki Nielsen reaching on a Pittsburg State error and later scoring on a Lexie Loos single to make the score 2-2.

Wayne State trailed 4-3 in the fourth before taking the lead with two runs, thanks to a Jordan King RBI groundout and a Kaiti Williams

RBI single.

Pittsburg State tied the score at 5-5 with a run in the top of the fifth inning, and the score remained that way until the top of the eighth inning when the Gorillas used a pair of infield singles and an intentional walk to load the bases, then took back-to-back walks to score the go-ahead runs.

O'Brien went 2-for-4 to lead Wayne State at the plate. Kaiti Williams was 2-for-3 while Lexie Loos finished 2-for-4. Sara Scheffert took the loss in the circle.

Williams and Michelle Thille combined for six of Wayne State's eight hits, and the Wildcats scored six runs in the final two innings for a 6-1 win over Northwest Missouri State to even their season record at 3-3.

Northwest led 1-0 until the top of the sixth

when Wayne State scored twice for a 2-1 lead thanks to a two-out rally. With two outs and no runners on base, Thille doubled to left field, followed by a Williams homer to center field to put the Wildcats in front.

Wayne State added four insurance runs in the top of the seventh on four hits to finish off Northwest Missouri State. Melanie Alyea had a pinch-hit RBI single to score the first Wildcat run. Loos drew a bases-loaded walk for the second run followed by RBI singles from Thille and Williams producing the four Wildcat runs.

Williams was 3-for-4 with a homer and three RBIs to lead Wayne State while Thille was 3-for-4 with an RBI. Kelcie Borman got the win for the Wildcats.

The Wildcats hit the road Sunday for their annual spring break trip to Clermont, Fla.

## Duals

**From Page 1B**

Jensen (220), Caleb Lienemann (285) and Sean Mann (106) all got pins, with Lienemann getting his in just 11 seconds. Gage Main added a major decision at 195, and Caleb Dwinell started things with a decision at 182 as Winside got out to a quick 31-0 lead. The Wildcats also got wins from Marcos Escalera and Sam Wolfe, both coming up with pins at 132 and 170, respectively.

The Plainview dual was a tight one that came down to the end. Winside opened with a major decision by Main and a pin by Lienemann to lead 16-0, but Plainview came back at the lighter weights to take an 18-16 advantage.

Escalera got a technical fall at 132, and Kevin Ross and Zach Jones both came away with wins, but Plainview won four of the final six matches to advance to the finals and send Winside to the consolation match.

In their second battle with a fellow district opponent, the Warriors were dominant at the middle weights and overcame Winside's early advantage. Lienemann re-

corded a 17-second pin to start the dual in his final high school match, and Colby Erickson (120), Escalera (132) and Ross (145) all earned wins for the Wildcats in the losing effort.

**Nebraska State Duals Class D Results**

**First Round**

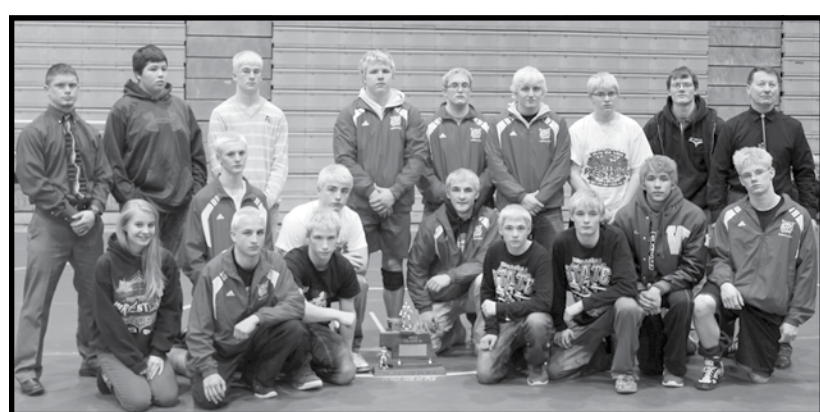
Amherst 68, Sutton 7  
Neligh-Oakdale 39, North Platte St. Pat's 30  
Winside 43, Thayer Central 27  
Plainview 53, Mullen 18

**Second Round**

Amherst 75, Neligh-Oakdale 3  
Plainview 40, Winside 30  
Sutton 45, North Platte St. Pat's 36  
Thayer Central 54, Mullen 29

**Final Round**

**Championship** - Amherst 64, Plainview 9  
**Third Place** - Neligh-Oakdale 48, Winside 24  
**Fifth Place** - Sutton 52, Thayer Central 27  
**Seventh Place** - North Platte St. Pat's 43, Mullen 21



(Photo courtesy Lee Koch)

**The Winside wrestlers finished fourth in the Nebraska State Duals. Team members are (front) student manager Brienna Wurdemman, Isaiah Muehs, Zach Morris, Sean Mann, Colby Erickson, Kevin Ross, (middle) Heydon King, Sam Wolfe, Zach Jones, Marcos Escalera, (back) coach Craig Dennis, student manager Johnathon Escalante, Caleb Dwinell, Caleb Lienemann, Zane Jensen, Gage Main, Joey Haase, coach Jesse Thies, coach Paul Sok.**

Escalera got a technical fall at 132, and Kevin Ross and Zach Jones both came away with wins, but Plainview won four of the final six matches to advance to the finals and send Winside to the consolation match.

In their second battle with a fellow district opponent, the Warriors were dominant at the middle weights and overcame Winside's early advantage. Lienemann re-

**Winside Results First Round**

**Winside 43, Thayer Central 27**

182: Caleb Dwinell, Winside, dec. Hank Harris, 3-0. 195: Gage Main, Winside, maj. dec. Ryan Koch, 11-3. 220: Zane Jensen, Winside, pinned Judd Holtzclaw, :51. 285: Caleb Lienemann, Winside, pinned Colton Fangmeier, :11. 106: Sean Mann, Winside, pinned Marshal Holtzclaw, 1:29. 113: Winside open. 120: TC open.

126: Winside open. 132: Marcos Escalera, Winside, pinned Justin Criner, 4:58. 138: Jamie Lange, TC, dec. Zach Morris, 9-2. 145: Tyler Hergott, TC, maj. dec. Kevin Ross, 11-3. 152: Adam Hellbusch, TC, dec. Hayden King, 6-1. 160: Cody Krula, TC, tech. fall Zach Jones, 17-0. 170: Sam Wolfe, Winside, pinned Dietric Kenning, :56.

**Semifinals**

**Plainview 40, Winside 30**

195: Gage Main, Winside, maj. dec. Justin Wilson, 13-4. 220: Caleb Lienemann, Winside,

pinned Joshua Zern, 3:54. 285: Plainview open. 106: Dominique Rickard, Plainview, dec. Sean Mann, 8-6. 113: Winside open. 120: Winside open. 126: Tayven Sauser, Plainview, dec. Colby Erickson, 8-7.

132: Marcos Escalera, Winside, tech. fall Blake Moen, 17-1. 138: Peter Gubbels, Plainview, pinned Zach Morris, 1:10. 145: Kevin Ross, Winside, pinned Jacob Buhmann, 1:30. 152: Tony Steinkraus, Plainview, pinned Hayden King, 1:35. 160: Zach Jones, Winside, dec. Adam Hildebrandt, 10-8. 170: Luke Moen, Plainview, maj. dec. Sam Wolfe, 12-4. 182: Tyson Bolling, Plainview, pinned Caleb Dwinell, :30.

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## District

**From Page 1B**

We rushed things a little too much there in the second quarter, and you can't score one point in a district championship against a good opponent."

The Blue Devils did battle back to try and make a game of it. Meagan Backer opened the second half with a 3-pointer and Jalyn Zeiss hit a basket and a trey to make it 33-20 with 3:25 to go in the third period.

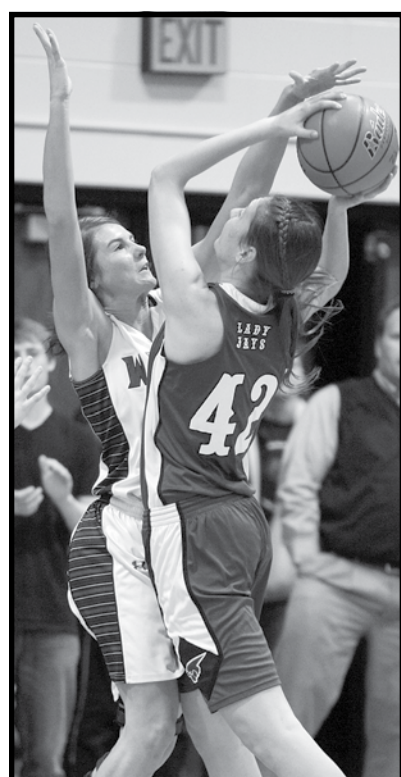
Early in the fourth quarter, Zeiss hit another shot from beyond the arc and Ashton Schweers added a basket to make it 44-32 with 4:34 to play, but that's as close as the Blue Devils could get.

"The girls wouldn't quit and we battled back and competed in the second half, but we felt we could come in and win this one, so we're definitely not happy," Zeiss said. "And we can't be happy with just getting here."

Jalyn Zeiss led the 16-11 Blue Devils with 12 points, while fellow seniors Victoria Kranz had seven, Schweers and Nelson each had six, Backer and Tarah Stegemann each had three and Hix scored two.

Zeiss said he was proud of his team's efforts throughout the season, and was especially proud of the five seniors who set a good example for the younger players to follow.

"We're losing a lot of experience when you consider Jalyn was a four-year starter, Meagan and Ashton both would have been three-year starters except for injuries, and Victoria started for more than two years," he said. "But these girls



(Photo by Michael Carnes)

**Ashton Schweers defends against Pierce's Rachelle Tucker during Friday's C1-4 district final in Norfolk.**

## Wildcats

**From Page 1B**

other try by Bouman to help them take the lead for good. Wayne State got within a point on a Jordan Spencer layup with 42 seconds left, but the Cougars were able to close it out and finish off the upset.

Jordan Spencer led the Wildcats with 17 points while Millie Niggeling added 15, Jaylan Spencer scored 14 and Ashton Yossi put in 10.

On Wednesday, the Wildcats opened the conference tournament with a convincing 72-42 win over Bemidji State in first-round action at Rice Auditorium.

The Wildcats opened the game with a 9-0 run and held Bemidji State scoreless for the first eight minutes of the game. The Wildcats dominated the Beavers and forced six turnovers early on, helping Wayne State take a 27-13 halftime lead.

Wayne State's defensive pressure continued in the second half, and the offense picked it up in the second half, scoring 45 points in the second half to pull away with the easy win.

Niggeling led a balanced attack for the Wildcats with 18 points, while Addy Roller tossed in 10.

Wayne State, 27-4 overall and ranked fourth in the Central Region, now awaits word on an at-large bid for the NCAA Div. II National Tournament, with the selection show set for Sunday at 9 p.m.

# BOWLING RESULTS brought to you by:

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City League	
Week #23 2/25/14	
Half-Ton Club	19.0 9.0
Ghost	18.0 14.0
Wildcat Lanes	17.0 15.0
Vet's Club	16.0 16.0
Tom's Body Shop	14.0 18.0
Big Red Country	8.0 20.0

High Game and Series: Randy Bargholz, 219 and 548. High Team: Tom's Body Shop, 731. High Series: Vet's Club, 1994.

Other High Games: Bennett Salmon 200.

Hits and Misses	
Week #23 2/26/14	
Gary's Food Town	21.0 11.0
State National Bank	19.0 13.0
Stadium Sports	19.0 13.0
Burn's Welding	17.0 15.0
White Dog Pub	17.0 15.0
Kathol & Associates	16.0 16.0
Tacos & More	15.0 17.0
Kelly's Chair	4.0 28.0

High Game and Series: Jessi

Jensen, 212 and 571.	
Other High Games: Kathy Bird	
189/201, Renee Jacobsen	189/180,
Jessi Jensen	190, Nicole McLagan
182, Stefanie McLagan	199, Deb Moore
199, Kristy Otte	193, Renee Saunders
189/210, Jeanette Swanson	198, Deanna Thompson
184.	
Other High Series: Kathy Bird 556,	
Renee Jacobsen	518, Stefanie McLagan
487, Deb Moore	491, Kristy Otte
516, Renee Saunders	549, Jeanette Swanson
520, Deanna Thompson	500.
Splits: Brigitte Burbach	5-10, Jessi Jensen
3-9-10, Kori Witt	4-7-10

Wed-Nite Owls	
Week #16 2/26/14	
Alley Cats	13.0 7.0
Split Or Swallow	11.0 9.0
Split Happens	4.0 0.0
Ghost	0.0 8.0

High Game and Series: Bradley Wright, 192 and 451. High Team Game and Series: Split or Swallow, 525 and 1479.

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# Reservations

**From Page 1B**  
pressure on them. That turned into a turnover for us, and it was a big momentum swing going into the half."

It was all Blue Devils in the second half, as they would build their lead up to 16 points by the end of the third period, and Barry – who finished with a game-high 28 points – helped put the finishing touches on the win with a nifty behind-the-back pass to Trevor Pecena, who converted an old-fashioned three-point play midway through the fourth quarter.

In the end, it was too much of the three-man tandem of Barry, Ben Hoskins and Jared Anderson, who combined to score 57 of Wayne's 71 points. Barry dished out seven assists to go with his 28 points, Hoskins finished with 16 points and a team-best nine rebounds while Anderson had 13 points. Pecena and Maly both had seven.

"If we get Jared going where he's knocking down threes and taking it to the basket, we're probably going to win," Sweetland said. "Jalen and Ben are going to score for us, and if we can get that third and fourth guy to contribute like Jared did, then who are you going to stop? You try to stop one, and it leaves opportunities open for the others, and we all have confidence in them and don't mind them shooting those open shots."

Wayne had plenty of them in their win over the Knights, converting on 52 percent (24-of-46) from the floor. They were also solid at the line, making 17-of-22 from the charity stripe.

On Thursday the Blue Devils got out to a solid start in the first half and won the C1-7 subdistrict title with a 66-38 win over West Point-Beemer in action at Oakland-Craig High School.

The Blue Devils got some good outside shooting early from Barry and Brook Bowers, while Anderson slashed through for a pair of baskets to help the Blue Devils to a 21-11 first-quarter advantage that ballooned to 36-17 at intermission.

West Point-Beemer got as close as 12 points midway through the third period, but Wayne righted the ship and was able to pull away in the fourth quarter to advance to the district finals.

Barry led Wayne with a game-high 21 points while Anderson had 14 and Hoskins put in eight.

The Blue Devils will face Cozad in the opening round of the Class C-1 state tournament on Thursday at 9 a.m. at the Bob Devaney Sports Center in Lincoln, and Sweetland feels it's anybody's race in this eight-team field.

"It's absolutely wide open," he said. "It's just going to come down to whoever comes down to Lincoln and puts together three good days that wins the state championship."

**C1-7 Subdistrict Final**  
**Wayne 66, West Point-Beemer 38**  
Wayne 21 15 9 21 - 66



(top) Ben Hoskins had the hot hand early against Norfolk Catholic and finished with 16 points. (above) Jalen Barry dribbles past a Norfolk Catholic defender on his way to a game-high 28 points.

WP-Beemer	11	6	12	9	-	38	Wayne	12	22	19	18	-	71
WAYNE – Anderson 14, Barry 21, Hoskins 8, Bowers 3, Maly 7, Pecena 3, Rethwisch 7, Belt 3.							Norf. Cath.						
WP-BEEMER – Case 2, Haase 7, Hansen 3, Zobel 2, Anderson 15, Schuetz 9.							WAYNE – Anderson 13, Barry 28, Hoskins 16, Maly 7, Pecena 7.						
<b>C1-4 District Final</b>							NORF. CATH. – Pospisil 3, Miller 6, Borer 7, Schommer 9, Engelhaupt 9, Becker 2, Beller 3, Uhing 7.						
<b>Wayne 71, Norfolk Catholic 46</b>													

# Wildcat men upset Bemidji, fall in NSIC quarterfinals

The season came to an end for the Wayne State men's basketball team but not before they went out and posted one last upset.

The Wildcats drilled a season-best 12 shots from 3-point country and posted a first-round upset of Bemidji State last Wednesday to open the Northern Sun Conference Tournament, earning a trip to Sioux Falls with an 88-76 win over the Beavers.

Ryan Rolfzen got hot from outside early and scored 18 points in the first half to keep the Wildcats with in striking distance, trailing 43-38 at intermission.

The Wildcats stormed out of the locker room in the second half and blitzed the Beavers with a 21-2 run over five minutes to turn that five-point halftime deficit into a 12-point Wildcat advantage. Ty Bauschek and Adol Aluong each hit treys, Bauschek added a pair of jumpers and Jared Bartling scored twice to help fuel the rally that put Wayne State up by as many as 15 points.

Bemidji State rallied late in the game and got as close as six points at 80-74, but the Wildcats hit six straight free throws down the stretch and held off the comeback attempt, allowing the seventh-place team in the South Division to finish off the upset of the co-division champions of the North Division.

Bauschek led the Wildcats with 27 points and seven rebounds while Rolfzen finished with 23. Bartling had 19 points, and Aluong scored 15 as the four Wildcat seniors accounted for 84 of Wayne State's 88 points.

Hopes for another upset were put to rest Sunday evening at the Pentagon in Sioux Falls, as Southwest Minnesota State ended the Wildcats' 9-19 season with a 68-45 decision in the tournament quarterfinals.

Southwest went on a 9-2 run to take a 16-6 lead early in the first half and built their lead to 15 points at the break, 36-21. Bartling scored

the first basket of the second half, but that's as close as the Wildcats would get as Southwest took control and came away with the win.

Aluong led Wayne State with 13

points, and Bartling scored 11 in their final games in a Wildcat uniform. It was also the final outing for Bauschek and Rolfzen, all of whom will graduate.

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**5 BONUS BENEFITS OF EXERCISE**  
Mark Patefield, RPh  
For as long as you can remember, you've been hearing about the benefits of exercise: Weight control, chronic disease management, stronger muscles and bones, to name a few. But the list of exercise benefits just keeps getting longer. If you could package it in a pill, you might have a multi-million dollar product!  
Maybe these less touted benefits will offer the motivation you need to make exercise a regular part of your daily routine.  
1. Improve your immune system. Seem like you catch every bug in the book? Maybe exercise can help. Researchers are finding that as little as 30- to 45-minute brisk walks five times a week can greatly boost your immune system.<sup>1,2</sup>  
2. Influence aging. Early research indicates that exercise may partly reverse the aging process caused by stress.<sup>3</sup>  
3. Enhance your mood. You may already know that exercise can help you feel fitter. Increasing body temperature may have a calming effect. Exercise also releases brain chemicals that may relieve tension and ease depression and anxiety. Some studies have even shown that exercise may be as effective as an antidepressant.<sup>4,5</sup>  
4. Boost your brain. Exercise increases growth factors in the brain, which help the brain make new brain cells and new connections between them. This may enhance memory, attention, and concentration, helping with learning.<sup>6</sup> Some studies have even begun to show a link between exercise and grades on math and reading tests.<sup>7</sup> But the benefits aren't limited to kids in school. Exercise may also greatly reduce the risk of developing Alzheimer's disease, a form of dementia.<sup>8</sup>  
5. Sleep better. A recent poll conducted by the National Sleep Foundation uncovered some interesting connections to exercise. Those who exercised—no matter what time of day—reported better sleep than those who didn't, even when they slept the same length of time. Sedentary people were also about twice as likely to be sleepy during the day and were more likely to have sleep apnea, a disorder that interrupts breathing while you're asleep.<sup>9</sup>  
So how much do you need to reap benefits like these? Experts recommend getting at least two hours and 30 minutes each week of moderately intense aerobic activity or one hour and 15 minutes weekly of vigorous aerobic exercise.<sup>10</sup> It's best to combine this with muscle strengthening two times a week.<sup>11</sup> But remember: short stretches of physical activity throughout the day can bring many of the same advantages as a structured gym workout.<sup>11</sup>  
If you're not sure where to begin, I may be able to help. Before you start a new routine, it's also best to have a talk with your doc.  
Nothing herein constitutes medical advice, diagnosis or treatment, or is a substitute for professional advice. You should always seek the advice of your physician or other medical professional if you have questions or concerns about a medical condition.  
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# Nominations accepted for WHS Athletic HOF

To recognize exceptional achievements of Wayne High School athletes and others who have made worthy contributions to the athletic program, the Hall of Fame Board is accepting nominations for the "Athletic Hall of Fame."

To be considered for the Hall of Fame, a period of 15 years must have passed since graduation for an athlete and a period of five years since leaving Wayne High School

must have passed before coaches are eligible.

Nomination forms for former athletes/coaches may be obtained at the Wayne High School office or by visiting the Wayne Schools web page at [www.wayneschools.org](http://www.wayneschools.org) under high school/student services/athletics/hall of fame forms. Deadline for nominations is Friday, March 14.

Nominations must be submitted to: Rocky Ruhl, athletic director,

Wayne High School, 611 W. Seventh St., Wayne, Neb. 68787, or e-mailed to [rroh11@wayneschools.org](mailto:rroh11@wayneschools.org).

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(Photo courtesy Rich Rhoden) Ty Bauschek goes up for two for Wayne State in the NSIC tournament.

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# WSC wrestlers take second in GPC

The Wayne State wrestling club just missed out on a conference title on Saturday, settling for runner-up honors and 14 national qualifiers at the NCWA Great Plains Conference tournament on Saturday at Wayne High School.

The Wildcats had 12 wrestlers qualify for placing in the top three in their weight class, while two other wrestlers will go as wild cards for their fourth-place efforts.

Wayne State finished the tournament with 83 points and finished one point behind the U.S. Air Force Academy Prep team out of Colorado. Wayne State was the top team among NCWA Div. II schools in the nine-team GPC field that competed.

Jon Williams and Jon Mullen both earned conference championships to lead the way for Wayne State. Mullen, a four-time national qualifier, won the 285-pound weight bracket by going 2-0 with a pair of pins in round-robin action. Williams earned his third trip to nationals with a third-period pin over teammate Tanner Clark in the finals at 174 pounds.

Clark was one of six Wayne State

wrestlers to earn runner-up honors in their respective weight brackets. Joining Clark were two-time qualifier Matthew DeGarmo (184), Tanner O'Gorman (125), James Garcia (133), Zach Miller (141), and Gerrit VanEngen (197).

Third-place finishes went to Wakefield native Alex Calderon (133), Devon Rupp (157), Michael Hart (197) and two-time qualifier Ryan Burnison (235). Patrick Donnelly (149) and Robbie Thomsen (157) both earned wild-card invites to the national tournament.

Wayne State coach Aaron Schuett was named the conference's Coach of the Year for his efforts this season.

Wayne State's 14 qualifying wrestlers will compete in the NCWA National Tournament, set for March 13-15 in Allen, Texas.



(Contributed photo)

Members of the Wayne State Wrestling Club get together for a group photo after their runner-up finish in the Great Plains Conference tournament on Saturday in Wayne. The team missed out on a conference championship by just one point but the Wildcats qualified 14 wrestlers for the NWCA National Tournament, which are set for March 14-15 in Allen, Texas.

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- **SUNDAY** •  
Free Medium Cheese Sticks with purchase of a Large Pizza  
Free Large Cheese Sticks with purchase of a Jumbo Pizza



(Photos courtesy Marlon Brink)

(left) It was a 1-2-3 finish for Wayne State in the women's shot put at the NSIC Indoor meet. (from left) Jessi Pongratz was second, Sara Wells was first and Carly Fehringer placed third. (right) Zach Thomsen earned a runner-up finish in the 600-meter run to highlight the Wildcat men's efforts at the conference meet.

## Wildcats sixth, eighth at NSIC Indoors

The Wayne State women's track team will send three athletes to the NCAA Div. II national indoor meet after they helped lead the Wildcats to a sixth-place finish in the NSIC Indoor meet in Bemidji, Minn.

Junior All-American Sara Wells placed first in the shot put Saturday to highlight the final day for the Wildcats which finished with 54 points in the tournament to finish two points behind fifth-place Winona State.

The Wildcats finished with two individual conference champions and five All-Conference performers. Wells' sister, Emily, won the weight throw while Carly Fehringer was second in the weight throw and third in the shot put and Jessi Pongratz was second in the shot put.

Saturday, the Wildcats swept the top three spots in the shot put as Wells claimed conference champion honors with a mark of 49 feet, 3 inches. Fehringer received All-Conference honors with a second-place finish at 47 feet, 11 1/4 inches while Pongratz came in third with an NCAA provisional mark of 45 feet, 7 1/4 inches.

The Wildcats scored 25 of Friday's 30 points in the weight throw as Emily Wells captured first place with an NCAA provisional mark of 59-1 1/2. Fehringer was

right behind in second with a top throw of 59-0 3/4. Also placing in the event for Wayne State was Sara Wells coming in fifth at 57-8 1/4 while sophomore Kyndra Sturm finished eighth at 54-1 3/4.

Amanda Ramberg brought home a fifth-place finish in the high jump (5-3 3/4), Sidney Blum took eighth in the long jump (17-6 1/4) while the distance medley relay team of Skyler Lippman, Rebecca Davenport, Elizabeth Pille and Cristina Murillo claimed seventh place in 12:56.70.

Wayne junior Zach Thomsen earned All-Conference honors with a second-place finish in the 600-meter run to lead the Wildcat men's team to an eighth-place finish with 29 points.

Thomsen took runner-up honors with a time of 1:21.60, while teammate Jared Balady came in sixth at 1:23.22. Mike King made the finals in the 200-meter dash and placed sixth in 22.91 seconds.

Freshman Derek Lahm earned a fourth-place finish in the long jump with a leap of 22-5, and also took seventh in the triple jump Saturday with a top mark of 45-4 1/4. The Wildcat men's 1,600-meter relay team of King, Balady, Lahm and Thomsen finished fourth with a time of 3:23.88.

## Sports Shorts

### Bowling for charity event is March 22

The first Bowl For Charity event will be held at Wildcat Lanes in Wayne on Saturday, March 22, beginning at 5 p.m.

A team of 5-7 people will bowl in a Baker style format, with the best 2-of-3 match set up. Teams will bowl against every team, and the top two teams will be given money to donate to the charity of their choice.

There will be prizes available for random colored pins that show up on the lanes. For more information, call Cec Vandersnick at (402) 375-3390 or (402) 375-0459.

### Wildcats fall to No. 11 in poll

The Wayne State women's basketball team dropped two spots to No. 11 in the latest USA Today Div. II coaches poll after being upset by Sioux Falls in the quarterfinals of the Northern Sun Conference tournament.

Wayne State is the highest of three NSIC schools in this week's ranking, joined by No. 19 North-

ern State and No. 20 Minnesota State. Other Central Region teams include No. 2 Harding, No. 7 Emporia State, No. 8 Central Missouri, and No. 22 Pittsburg State.

The 27-4 Wildcats will find out their fate for the Central Region tournament when the field is announced on Sunday.

### Women's track 18th in latest rankings

The Wayne State College women's indoor track and field team has moved up five spots to 18th in the U.S. Track and Field and Cross Country Coaches Association NCAA Division II National Team Computer rankings. The Wildcats also re-entered the Central Region rankings at No. 9.

Wayne State received 40.59 points in the national rankings and 104.75 points in the regional rankings that awards points based on performers who have achieved NCAA provisional or automatic qualifying marks during the season.

Individually, senior thrower Carly Fehringer ranks fourth in the weight throw and ninth in the shot

put, junior Sara Wells is fifth in the shot put and 17th in the weight throw, while senior Emily Wells is listed 12th nationally in the weight throw.

### Boys second in 8th-grade tourney


The Wayne eighth-grade boys basketball team finished second in a tournament at Hartington recently, beating Norfolk Panthers (33-26) and Norfolk Catholic (41-36) before losing to Hartington CC (32-23).

In the win over the Panthers, Hunter Jorgensen had 14 and Ryan Jaixen added 11 to lead the way. Edgar Anderson put in four, Beau Bowers scored three and Mason Lee had one.


Against Norfolk Catholic, Jaixen and Anderson had 14 and 10, respectively. Bowers put in six, Jorgensen and Brennan O'Reilly each had four and Austin Fernau scored three.

Against Hartington CC, Jaixen had 10, Bowers had four, Jorgensen had three, O'Reilly and Justin Dean each had two and Anderson and Lee both had one.

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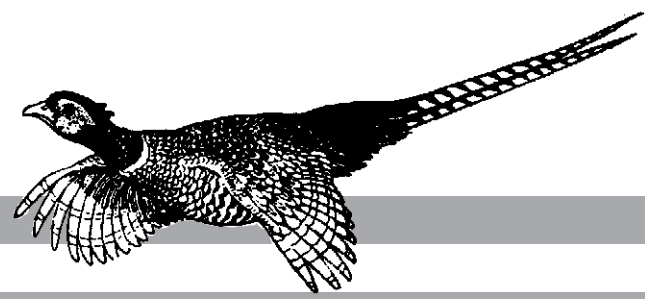






# Lifestyle

# The Wayne Herald



## Purple Up! For Military Kids

April marks the nation's "Month of the Military Child," a time to honor youth impacted by deployment. In celebration, Nebraska Operation: Military Kids (OMK), part of the 4-H and Youth Development program of the University of Ne-

braska-Lincoln Extension, invites you to join us for the third annual "Purple Up!" For Military Kids" on April 15.

We are encouraging everyone across the state of Nebraska to wear purple on Friday, April 15, as a visible way to show support and thank military children for their strength and sacrifices. Purple is the color that symbolizes all branches of the military, as it is the combination of Army green, Coast Guard blue, Air Force blue, Marine red, and Navy blue. OMK hops everyone will take this opportunity to appreciate and celebrate these young heroes.

OMK is a nationwide initiative designed to provide support to the children and youth of Nebraska servicemen and women whose lives are impacted by the Overseas Contingency Operations. The children of these servicemen and women experience unique stressors in their daily lives including fear of the unknown, concern for the safety of their deployed parents, less parent involvement, more responsibilities, and few friends who understand what they are experiencing. OMK addresses the needs of these children by helping them feel con-



ected, active and supported before, during, and after their loved ones' deployment.

OMK has several opportunities to

support military families, such providing Hero Packs (local community groups put together items designed to help keep military kids connected with their deployed parent); Ready, Set, Go! Trainings for the local communities to learn about the needs of military families and how they can support them; and Speak Out for Military Kids is a youth-driven community outreach program for military and non-military youth to generate community awareness of issues faced by military youth while a parent is deployed. If you are interested in learning more about the above activities, please contact Angela Abts at the UNL Extension Office in Dakota County at (402) 987-2140.

Remember to show your support for military youth by wearing purple on Friday, April 15. For more information about Operation: Military Kids, please visit the website at [www.operationmilitarykids.org](http://www.operationmilitarykids.org) or contact the University of Nebraska Lincoln Extension Office in your local county.

### Engagements

#### Nelson-Roeber

Amber Leigh Nelson and Matthew Dale Roeber, both of Wayne, will exchange wedding vows May 31, 2014 at Grace Lutheran Church in Wayne.

Parents of the couple are Mike Nelson of Wakefield and the late Tracie Nilges-Nelson of Pender, and Garry and Diane Roeber of Wayne. Grandparents of the couple are Gary and Nell Nelson of Wakefield, Doug Nilges of Pender, and Susan Nilges of Emerson, Arnold and Evelyn Webster of Pender, Donna and the late Lloyd Roeber of Wakefield.

The bride-elect is a 2009 graduate of Pender High School and a 2010 graduate of Iowa School of Beauty where she obtained her cosmetology license.

Her fiance is a 2004 graduate of Wayne High School and 2006 graduate of Northeast Community College where he obtained his associates degree in Building Construction.



### Weddings --

The Wayne Herald welcomes news accounts and photographs of weddings involving families living in the area.

Wedding photos to be returned should include a stamped, self-addressed envelope.

## School Lunches

### ALLEN COMMUNITY SCHOOLS (March 10-14)

- Monday:** Breakfast — Cereal, oatmeal, Long Johns, fruit. Lunch — Pork patty with bun.
- Tuesday:** Breakfast — Cereal, oatmeal, cheese omelet, juice. Lunch — Taco salad bar, tortillas.
- Wednesday:** Breakfast — Cereal, oatmeal, French toast sticks, fruit. Lunch — Buffalo chicken tenders, tri-taters.
- Thursday:** Breakfast — Cereal, oatmeal, sausage patty with biscuit. Lunch — Chili dogs with bun, corn, sun chips.
- Friday:** Breakfast — Cereal, oatmeal, yogurt, fruit. Lunch — Cinnamon roll, fruit. Lunch — Fish wedges, sweet potato tots, green beans, Mudd cookie. Milk served with breakfast and lunch. Menu subject to change.

### LAUREL-CONCORD/COLERIDGE COMMUNITY SCHOOLS (March 10-14)

- Monday:** LC Breakfast — Pancake wrap. Lunch — Hot dogs. MS Breakfast — Egg McMuffin. MS Lunch — Grilled chicken patty.
  - Tuesday:** LC Breakfast — Scrambled eggs. LC Lunch — Lasagna. MS Breakfast — Muffins. MS Lunch — Chicken fajita.
  - Wednesday:** LC Breakfast — Waffles. LC Lunch — Chicken fajitas. MS Breakfast — Ham and cheese combo bar. MS Lunch — Chili dogs.
  - Thursday:** LC Breakfast — Breakfast boat. LC Lunch — Chili. MS Breakfast — Breakfast pizza. MS Lunch — Salisbury steak.
  - Friday:** Spring break - No School.
- All menus subject to change. Orange juice, skim milk, fruit, yogurt and salad bar are available daily. All breads and pasta are whole grain.

### WAKEFIELD SCHOOLS (March 10-14)

- Monday:** No School.
- Tuesday:** Breakfast — Cake donuts, pears. Lunch — Chili cheese fries, wheat roll, lettuce, apricots.
- Wednesday:** Breakfast — Cereal, orange juice. Lunch — Chicken noodle soup, peanut butter and jelly sandwiches, celery/carrots, applesauce.
- Thursday:** Breakfast — Blueberry muffins, applesauce. Lunch — Ham and Swiss casserole, peas, wheat roll, peaches.
- Friday:** Breakfast — Frudels, grape juice. Lunch — Deli sandwich, sweet potato fries, lettuce, grape juice. Milk and cereal served with breakfast. Juice or fruit offered everyday.

### WAYNE COMMUNITY SCHOOLS (March 10-14)

- Monday:** Breakfast — Pancake on a stick. Lunch — Chicken teriyaki, brown rice, broccoli, Oriental vegetables, trail mix.
  - Tuesday:** Breakfast — French toast. Lunch — Creamed turkey, mashed potatoes, baby carrots, whole grain roll, apricots.
  - Wednesday:** Breakfast — Breakfast sandwich. Lunch — Whole grain taco, refried beans, lettuce, orange.
  - Thursday:** Breakfast — Pancake. Lunch — Pizza, green beans, tomatoes, apple.
  - Friday:** No School.
- Fruit and vegetable bar available for K-12. Fruit served with every breakfast. Chef salad is optional. Milk served with every meal.

### WINSIDE PUBLIC SCHOOLS (March 10-14)

- Monday:** Breakfast — Omelet. Lunch — Chicken nuggets, California blend, fruit cocktail, roll.
- Tuesday:** Breakfast — Muffin. Lunch — Chili, cinnamon roll, carrots and celery, peaches.
- Wednesday:** Breakfast — Egg taco. Lunch — Mini corn dogs, baked beans, mandarin oranges.
- Thursday:** Breakfast — Cereal. Lunch — Hot pork sandwich, mashed potatoes, broccoli, pears.
- Friday:** Breakfast — French toast. Lunch — Cheese pizza, lettuce, pineapple. Milk served with all meals. Menu may change without notice. Fresh fruit available daily. Grades 4-12 may have salad bar. Grades K-3 may have salad plate.

## Diabetes class scheduled

The first of three programs in the 2014 Control Diabetes for Life series will be offered Wednesday, March 26 from 1:30-4 p.m. at Northeast Nebraska Public Health Department, 215 N Pearl St. in Wayne.

According to the National Kidney Disease Education Program, more than 20 million Americans may have kidney disease and many more are at risk for it. Diabetes

is the leading cause of kidney disease in the United States. The type of kidney disease associated with diabetes, called diabetic nephropathy, develops as a result of damage to the kidneys caused by elevated blood glucose levels over time. Deborah Willcox, R.D., L.M.N.T., with Franciscan Care Services in West Point, will share dietary hints and precautions that can be taken to protect your kidneys.

### Senior Center

### Congregate Meal Menu

- (Week of March 10-14)  
Meals served daily at noon.  
For reservations, call 375-1460  
Each meal served with bread, 2% milk, skim milk and coffee.  
All menus subject to change.
- Monday:** Beef stroganoff and egg noodles, frozen Prince William vegetables, fresh vegetable salad, cottage cheese with pineapple, whole wheat fresh bread, Promise.
  - Tuesday:** Polish dog with kraut on a bun, baked beans, cucumber salad, vanilla pudding with marshmallows and frozen mango, Promise.
  - Wednesday:** Baked chicken with cream of chicken soup, ranch roasted potatoes with skins, frozen mixed vegetables, frozen fruit with yogurt, whole wheat fresh bread, Promise.
  - Thursday:** Baked Italian pasta with mozzarella cheese, dilled carrots, Dorothy Lynch, green gelatin with mandarin oranges, whole wheat fresh bread, Promise.
  - Friday:** Shaved hot beef sandwich, mashed potatoes, brown gravy, green beans, frozen strawberries in juice, whole wheat fresh bread, Promise.

Usually there are no symptoms associated with early kidney disease, but as the function of the kidneys deteriorates, a fluid imbalance can occur. To learn more about kidney function and symptoms of kidney disease, the public is invited to attend the March 26 session of Control Diabetes for Life.  
At any stage of kidney disease, those affected may benefit from the services of a Nephrologist, a doctor who specializes in the care of disorders of the kidneys. But even if you do not have kidney disease you can be proactive about your kidney health by asking your doctor to give you a yearly update on your risk factors for kidney disease, including your HbA1C level and microalbuminuria test results. By knowing where you stand, you can take appropriate action to improve your health and prevent or limit kidney dysfunction.

Participants are asked to pre-register for Control Your Diabetes for Life by calling UNL Extension — Wayne County at 402-375-3310. Please register by Monday, March 24, so the proper number of handouts may be prepared. Nebraska School Food Service Association has approved this session for two hours of continuing education credits for food service staff attending.

SOURCE: Amy Topp, UNL Extension Educator.

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## Advocating for Geography

Barry Thomas (OPS supervisor of social studies), Steve Callaghan (retired social studies teacher from Blair), Congressman Jeff Fortenberry (Nebraska 1st District), and Dr. Randy Bertolas of Wayne State College. The picture was taken in the Dirksen Senate Office Building following the Nebraska Breakfast on Feb. 26. In the picture, Rep. Fortenberry has just agreed to renew his co-sponsorship of the Teaching Geography is Fundamental Act (HR 822 and S 370 in the current Congress). The TGIF Act would provide a dedicated federal funding for creation of geography teaching materials, university research on geography education, and professional development opportunities for K-12 teachers. Thomas, Callaghan, and Bertolas are members of the Geographic Educators of Nebraska, a grassroots organization of parents, professors, and K-12 teachers/administrators who advocate on behalf of more and better geography education in our classrooms. GEON, as it is known, is part of an international Network of Geography Alliances affiliated with the National Geographic Society. For more information, go to [SpeakUpForGeography.org](http://SpeakUpForGeography.org) or [geoNebraska.org](http://geoNebraska.org).

## Unique perspective on alcohol awareness at NECC presentation

Wendi Fox certainly provides a unique perspective when she speaks of her past life as a former "high risk drinker." Fox, the author of TRASHED: a True Story, has created an inspirational stand-up comedy alcohol awareness program designed to keep the attention of even the toughest audiences. TRASHED is a combination of hysterical observations, profound questions and life lessons learned.



Wendi Fox

The Northeast Community College Alcohol and Other Drugs (AOD) Prevention program and Women's History Month workgroups are bringing Fox to the Norfolk campus for a presentation of TRASHED. It will be held Wednesday, March 19, at 11 a.m. in the Cox Activities Center Theatre.

Fox is a professional stand-up comedian who has been known for many years as the anti-lecture artist. She doesn't pressure students

to stop drinking. Instead she asks the questions that provoke thought and create change in their lives. "Just telling them to stop drinking doesn't work," says Fox. Instead she inspires them to find something in life they love more than getting

drunk. Fox has made a commitment to change the dangerous social climate of high risk drinking through humor, personal development, alcohol awareness, social respect and responsibility. The concept is very simple; it's comedy with a cause and a comedian on a mission. After all of these years, Fox is still the funniest, most innovative, respected, and requested alcohol aware comedian and lecture artist in North America today.

Fox's presentation is free and open to the public. Representatives of schools interested in bringing students to Fox's presentation should contact Maureen Baker, director of student conduct at Northeast, at (402) 844-7258.

The program is made possible through funding provided by the Healthy Communities Initiative (HCI).

### News From Praise Assembly of God Church

## "A Bit of Light"

Praise Assembly of God Church in Wayne has a number upcoming special events to announce.

The regular Wednesday evening schedule, 6:30-7:40 p.m. includes a gathering called "High Point" for children in Grades K-6. The adults have a Bible Study and will be viewing a series of DVD's on the "End Times" during the next few weeks. All are invited to attend.

On Sunday morning, March 9, there will be a BGMC Party (that stands for "Boys and Girls Missionary Crusade"), a monthly missions endeavor where children collect change and present a missions offering. The children have done well in the past 12 months.

On Saturday evening, March 15 from 5-7 p.m., the church will host a meal honoring fire fighters and other "First Responders" in our re-

gion. For more information, call the church.

In his sermon this past Sunday morning, Phil Pfaltzgraff spoke from Psalm 71:17-18. In these two verses the Psalmist David affirms that the Lord has been with him - all the way from his youth. The Lord has taught him and led him through many things. But these verses also include a prayer that the Lord will continue to be with him - even until he is old and gray. David's prayer is that God will keep on teaching Him until David is able to declare the greatness and the mighty power of God to the next generation.

There are times when we don't know what the call of God is. As we age - in particular - it can become a bit of a problem of re-focusing and feeling worthy of doing the work of the Lord - whatever that may

be. In Psalm 90, the Psalmist says that even in old age, the servant of the Lord will be "green and full of sap." That is a colorful way of saying that we will expect to always be bearing fruit for the Lord.

The message was entitled "Until when?!?!" because these scriptures seem to indicate that you and I never become unusable to the Lord. All that is required of us is that we daily give ourselves to God (Romans 12:1-2).

So whether the generation we call to is the one that is before us or to the ones after us, the comfort of these scriptures is significant. The answer to the question of "until when" simply is that we will go on doing just that: declaring the greatness of God and His power - to any who will hear.

## Minerva Club discusses the 1960s at Feb. 24 meeting

Eleven members of Minerva Club gathered at noon on Feb. 24 for a meeting hosted by Phyllis Rahn at the Wayne Senior Center.

Roll call topic was a pleasant memory of the 1960's.

President Connie Webber opened the meeting by sharing important events that occurred on Feb. 23 in the past, such as discovery of Salk Polio Vaccine in 1954.

Historian Hollis Frese reported on Minerva Club meetings from November 1930, noting programs continued to focus on music and lectures given by people from Wayne State College.

Phyllis Rahn's review of the 1960's decade revealed several significant events in history. Among them the killing of President J.F. Kennedy, his brother Robert, and Martin Luther King. College campuses became scenes of student protests over both segregation and the Vietnam War. The Medicare program began in 1966 and later on, a minimum wage was set and the internet began. After testing other spaceships in orbit, the Apollo spaceship landed on the moon in 1969.

Mary Ann DeNaeyer will host the next meeting at the Wayne Senior Center on Monday, March 10.

## Senior Center Calendar

(Week of March 10-14)

**Monday, March 10:** Morning walking, 8:30 a.m.; Quilting, 9 a.m.-4 p.m.; FROG Exercises, 9:15 a.m.; Pool, 9 a.m. and 1 p.m.; Hand & Foot, 1:15 p.m.

**Tuesday, March 11:** Morning walking, 8:30 a.m.; Quilting, 9 a.m.-4 p.m.; Introduction into digital history with Barbara Hayford, 12:45 p.m.; Pitch, 1:15 p.m.; Afternoon Bridge Club.

**Wednesday, March 12:** Morning walking, 8:30 a.m.; FROG Exercises, 9:15 a.m.; Quilting; Pool, 9 a.m. and 1 p.m.; Hand & Foot, 1:15 p.m.

**Thursday, March 13:** Morning walking, 8:30 a.m.; Quilting, 9 a.m.; Water Physical Therapy with Jane Uhlir, 12:45 p.m.; Pitch, 1:15 p.m.; Afternoon Bridge Club.

**Friday, March 14:** Morning walking, 8:30 a.m.; Quilting, 9 a.m.; FROG Exercises, 9:15 a.m.; Century Club Movie/Drawing (Thank you to Careage); Irish Duets with Linda Christensen and Phil Pfaltzgraff; Hand & Foot Bingo, 1:15 p.m.

## Wanted ... Church news

The Wayne Herald would like to print information and schedules from area churches.

All information submitted to the Herald by Monday at 5 p.m. (delivered to the Herald office) or emailed by 8 a.m. on Tuesday will be included in that week's edition of the paper.

Articles can be mailed to P.O. Box 70, Wayne, Neb. 68787 or emailed to [clara@wayneherald.com](mailto:clara@wayneherald.com)

The Herald thanks its readers and area ministers for their cooperation in our effort to keep informed on the happenings at various churches.

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The City of Wakefield is now accepting applications for a seasonal full-time Assistant Pool Manager for the 2014 season.

The City of Wakefield is now accepting applications for seasonal full-time and seasonal part-time Life Guards for the 2014 season.

Applicants must have good work habits and show dependability. Current Nebraska certifications are required, along with references.

Interested persons may obtain an application form at the City Office, 405 Main Street, Wakefield, Nebraska. Applications must be returned no later than May 1, 2014 at 5:00 p.m. Applications can be mailed to City of Wakefield, P.O. Box 178, Wakefield, NE 68784. EOE.

**Library Assistant Wanted**

The Wayne Public Library has a part-time opening for a Library Assistant. High school degree required, library experience preferred. Job duties include maintaining library services during open hours, assisting patrons and performing a wide range of library procedures. A variable work schedule of 12-15 hours per week will include some evenings and weekends. The successful candidate will possess good communication and people skills. Apply at: Wayne Public Library, 410 N. Pearl St., Wayne, NE 68787. (402) 375-3135. Application deadline is March 14. EOE.

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If you are interested please stop by Employment Works, Inc. at 1203 S. 8th St., Norfolk or call 402-371-1011, Ext. 103 and speak with Jodi Ronspies or Aleigha Lawless or apply online at www.employmentworksinc.com

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Candidate must possess excellent communication skills, both verbal and written; excellent organizational and time management skills; proficiency in computer skills, including Word & Excel; and the ability to maintain confidential customer and Bank information in a responsible and secure manner.

This is an entry level, full time position. This position will give you an opportunity to join a community-focused bank that offers a competitive salary and benefits package, including paid holidays, PTO, medical/dental/eye insurance, and 401(K) with an annual percentage employer match. Requirements include: At least two years of financial institution experience and Bachelor's Degree preferred. Qualified applicants must be proactive and work well in a team environment; community involvement is highly encouraged. Credit history screened for this position.

Submit a cover letter and resume to State Nebraska Bank & Trust, Attn: HR Dept., 122 Main Street, Wayne, NE 68787 or via email to info@statenebank.com.

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Candidate must possess strong math and reasoning abilities, concern for accuracy, excellent communication skills, and the ability to maintain confidential customer and Bank information in a responsible and secure manner.

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- Full Time Position
- Pays \$14-\$16 per hour to start based on experience.
- Paid holidays and bonuses.

Call 402-371-8492

**HELP WANTED**

- Part-Time at Godfather's Express & Chester's Chicken
- Part-Time Cashiers
- Full-Time Assistant Manager

Apply online at cubbys.com or stop in and fill out an application

701 So. 4th Street Pender, NE

**Help Wanted**

Looking for Dozer/Excavator operator. Wages based upon experience. CDL required.

Apply at Milo Meyer Construction, Inc. 1002 Industrial Road Wayne, NE 402-375-3440

**Milo Meyer Construction Inc.**

**Real Estate for Sale**

**Low Taxes!**  
2 bedroom, 2 bath ranch, brick home with huge yard 519 Lincoln, Concord, NE

**Oversized Garage**  
4 bedroom, 2 bath home w/ 1 + 2 car garage. 908 Walnut Drive

**Apartment Building**  
6-Units, Fully Leased, New seller incentives! 311 Pearl Street

**New Price!**  
3 bedroom, 2 bath; Walk to everything, fenced yard. 810 Walnut Drive

**3 Bedroom Ranch**  
Single car garage, plus huge backyard w/ garden area 706 Main Street, Wakefield

**Reduced Price!**  
3 bedroom, 2 bath double wide mobile home 103 Cityside Drive

**3 Bedroom Townhome**  
With 3 baths and finished basement in great location. 1423 Linden Drive

**MidwestLand COMPANY**  
206 Main St. Wayne, NE 402-375-3385  
www.midwestlandco.com

**FOR SALE:** Almost new electric wheelchair, less than one year old. Battery powered with all the extras. Call 712-202-6273 or 402-584-1584.

**FOR SALE:** Corn stalks and bean stubble bales. Call 402-369-2534 or 402-369-2350.

**FOR SALE: 4 bedroom, 2 1/2 bath, ranch style home located on 10.01 acres 1 mile NW of Wayne.**

Beautiful home built in 1998. Over 4,200 finished square feet. Open floor plan. Tray ceilings, hickory cabinets in kitchen and bathrooms. 12 foot ceiling in great room. All bedrooms have walk-in closets. Master has 2 closets and on-suite. Large windows. Recessed lighting. Underground sprinklers. New roof, gutters, furnace, and water heater. Attached 2 car garage, plus large metal outbuilding and small storage shed. Appliances stainless steel and included. 1 1/4 miles north of Bomgaars

Contact (402) 369-3569 for more information.

**NEW LISTING**

Looking for small-town living? This cozy 2-bedroom bungalow located in Allen is waiting for you! You will appreciate all the updates made throughout the property!

414 S. Harrison Street, Allen

510 West 1st Street

110 East 8th Street

**PROPERTY EXCHANGE PARTNERS**  
112 W. 2nd Street - Wayne (402)375-2134 Office info@propertyexchangepartners.com  
www.propertyexchangepartners.com

**FOR SALE**

420 Donner Pass, Wayne

Open contemporary Craftsman style ranch on the last cul-de-sac lot on Donner Pass. Beautiful two color oak kitchen cabinets with 8' quartz center island, wood floors, vaulted Great Room, 9' ceilings elsewhere, large main floor laundry. Finished bathroom in basement, no post basement, large master shower, three car garage.

**Financing Available**  
Act now to take advantage of great low interest rates!

Call Brian Frevert 375-3515 or 369-0543  
106 Main, Wayne, NE

**HOMESTEAD** Homes of America

**FEATURE OF THE WEEK!**

Move right into this 4 bedroom, 2 bath home! Enjoy the walk-out lower level, and large lot with beautiful landscaping. Priced at \$124,500, this home has a great location near the schools and activity center ~ call today!

613 Oak Drive

201 Main Street - Wayne, NE  
Phone: 402-375-1477  
E-Mail: anoite@1strealty.com  
www.1strealty.com

**1ST REALTY**  
SALES & MANAGEMENT

55819 860 Road, Randolph

**SMALL TOWN BENEFITS; LOW TAXES, SPACIOUS YARDS!**

706 Main St., Wakefield 3 bedrooms with huge backyard! **\$75,000**

418 Iowa St., Concord 2+ Bedroom cottage cutie **\$55,000**

519 Lincoln St., Concord 3 Bedroom brick ranch **\$84,000**

**Helping you move forward!** Buyer's Agents Welcome!

We offer commercial properties, homes, lots, and land!!

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www.midwestlandco.com 402-375-3385 Call Wendy at 402-369-2647

**NEW NUMBER:** For all your Kent Feed needs, call Kelly Meyer at Farm to Market Ag Center Inc. Ph. 402-369-2831.

**FOR ALL** your baking and/or gift giving needs, contact your local Tupperware consultant. Nearly 20 years of experience. Call Clara Osten at 402-518-8030 or 585-4323. Leave a message.

**FOR SALE BY OWNER!**

**Acreage for Sale.** South of Coleridge on paved road. 2 story, 4 bedroom house with several updates. 50 x 80 foot Machine Shed, Grain Storage and Barn included.

Call 402-241-7411 to view.

**FOR SALE**

**Fresh Butchered Chickens**

Can pick up at Maxwell Colony, Scotland, SD. Call 605-660-0997

**Butcher Dates**  
March 19 & 26  
Travel to Yankton Weekly

**THANK YOU**

The family of Joyce "Jo" Putnam wants to thank Providence Medical Center, my mother was surrounded by blessed angels in her final days of her life. That would be the only way to describe the care she received at Providence, a team of deeply dedicated people. We can't thank you enough for everything that you did for her and her family.

To Careage Campus of Care of Wayne, thank you to each and every one of you for taking such good care of her with your thoughtfulness, kindness, compassion, she felt "at home" with all of you.

And to Scott Hasemann, thank you for your guidance and kind and compassionate ways for helping us with her final steps. Thank you to all for the flowers, cards and kind words.

Vicki Sutak, Carrie Ann Sutak and Toni Hytrek

Thank you to all my Family and Friends who remembered me with phone calls and cards following my surgery. Your thoughtfulness will always be remembered.

**Bob Hall**

**THANK YOU** for the phone calls, cards and visits I received since my hip surgery. Thank you also to Dr. Stokesbary, Dr. Martin and the nurses at Providence Medical Center for their excellent care.

Delvin Mikkelsen

Thank you to my family and friends for the cards, flowers and visits while I was hospitalized. Thank you also to Pastor Lilienkamp for his visits. All of these acts of kindness were greatly appreciated.

**Bernita Sherbahn**

I want to thank the girls, Sue, Bev and Nancy, at Farmers State Bank for the beautiful flower arrangement I received for my retirement. I had a wonderful 30 years. Also thank you to Dick for getting the flowers safely back to Carroll. Thank you to the bank customers over the last 30 years who made my job so enjoyable.

**Sandy Hall**

**WANTED**

**FARMER LOOKING** for land to rent for 2014 and beyond. Competitive bids. Ph. 402-360-1962.

**SPECIAL NOTICES**

**MULTI-STATE CONCEALED** Hand Gun Permit and Safety Course, May 3, Wayne, NE. Enroll online at apexcriticaldefense.com or call 402-649-0281.

☆☆☆☆☆  
\$24 for two weeks worth of ads in the Shopper, Herald and on the internet site! Call Jan for details. 375-2600 ☆☆☆☆☆

**WINNERS OF** Roy Reed Post 252 Win-side, NE 52 gun raffle: Week 23, Don Reis of Rosalie; Week 24, Dennis Uhl of Mapleton, IA.

**SERVICES**

**WILL HAUL** dirt, gravel, rock, manure, etc. with Side Dump truck. Call Terry Siemers at 402-369-0671.

**TRAVIS HEFTI** will do grain hauling. Call 402-518-0089.

**WILL PUMP:** Cesspools or septic tanks. DALE STRIVENS. Call 402-635-2310.

**MISCELLANEOUS**

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Make your snap ad in the Morning Shopper or Herald really stand out, add a dingbat! Several to choose from. Call Jan at the Wayne Herald for all the details! 402-375-2600 or 1-800-672-3418.

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on Pages 6C & 7C  
or see us online at  
www.mywaynews.com



